

*Welcome to my **SANCTUARY POINT A CONCERNED CITIZENS NEWSLETTER***

*April 2014 ... Vol. **039***

and web site at
sanctuarypointaconcernedcitizensnewsletter.com

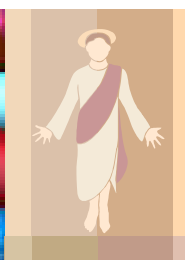
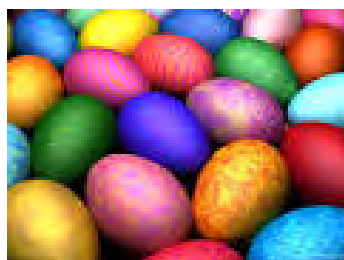


A place where we call Home!

April 2014 dates to remember.

- April 6th ... Day light saving ends at 2 am clocks back 1 hour.**
- April 8th ... End of Microsoft XP operating System support.**
- April 11th ...End of School Term 1.**
- April 18th ...Good Friday.**
- April 19th ...Easter Saturday.**
- April 20th ...Easter Sunday.**
- April 21st ...Easter Monday.**
- April 25th ...ANZAC day.**
- April 28th ...Start of School Term 2.**

***HAPPY
EASTER
2014***





Sunday 16th March 2014 will be remembered as a day the Marine Rescue Jervis Bay commissioned their category two rescue vessel JB30 and dedicated the name of the vessel, after a gentleman and officer of the Marine Rescue and former Royal Volunteer Coastal Patrol, for over 20 years of dedication and unquestionable loyalty to the service of saving lives at sea. The name of WAYNE WALKER has been assigned to the newly purchased vessel and if this

vessel is only half as reliable as its namesake, it also will be destined to perform with the dignity and reliability of experience, required of all members of Marine Rescue NSW.

The above photo shows JB20 "Wayne Walker" under full throttle off the breakwaters of HMAS Creswell with Wayne Walker at the control (helm). To be at the control of any rescue vessel of Marine Rescue is an experience... The photo below rightly places Wayne Walker behind the helm of the Colin Woods, a reclassified category four and refitted rescue vessel, which he fought and won the purchase for Jervis Bay under the Coastal Patrol.



To me Wayne Walker was then, is now and will always be a skipper first, a commander next and a vessel last, who I had the honour and pleasure to serve under his command.

Congratulations Wayne on the honour of the commissioning of the Wayne Walker!

Sanctuary Point
A Concerned Citizens Newsletter

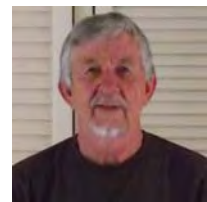


**If we try together and
don't give up, we can
achieve almost anything!**

Web Site
sanctuarypointaconcernedcitizensnewsletter.com



EDITOR: Dennis Williams



When you read this current issue and if you would like a copy of previous issues, I can not send you a hard copy, however, If you have access to the internet... Log into my

Web Site at

(sanctuarypointaconcernedcitizensnewsletter.com)

Let us stop awhile! And consider the benefits of Sanctuary Point;

A village by the basin, where you can breath clean air, you can sail and swim and fish upon and there's much more to share. There is water ski and snorkelling, or scuba if you must, there are barbeques and picnic spots, for you to stay till dusk,

You have seen the graceful pelicans, on the waters of the basin, it's no wonder where their living, it's the reason they're complacent. And the mountains in the background, as the inlet ebbs and flows, it's a sight we hold so dearly and it's everyone who knows.

There are parks and walks and lots of trees, with beauty all around, there is Basketball and Cricket and football to be found. You can play a game of tennis, of golf or bowls in style and the people of the Village, you can see it in their smile.

And the shopping is a plenty, there are many bargains here, there are shops for all occasions and they're all located near. So when you come to our town, it's the village near the coast, it's the natures gift, the Sanctuary, it's the splendour, we have most!

D.O.W. Sept 2011



**Dob in a
Wrong ...
You Know
it's Right!**

In appreciation of the overwhelming acceptance from the people of Sanctuary Point and other parts of the Bay & Basin, of our newly appointed Dental Centre within Sanctuary Point, we give you our promise, that while we have... 'Professionals,' in our name, you can be assured, that the service we give to you, will stand up to the name we practice under! **Modern Healthcare professionals.** Please phone or call into our modern Dental Centre and speak to our friendly staff at **6 Paradise Beach Road, Sanctuary Point 2540.**



Inserted by the Editor as a
community Service For

Sanctuary Point Modern Healthcare Professionals

MODERN HEALTHCARE
professionals

DENTAL CENTRE

Affordable Dentistry

Denture Clinic Services

Implants
Cosmetic Dentistry
Specialist Dentistry
Paediatric Dentistry
General Dentistry
Restorative Dentistry
Crown & Bridge
Teeth Whitening
Emergency After Hours Service
(conditions apply, enquire within)

Implant Retained Dentures
Full Dentures
Partial Dentures
Denture Relines
Dentures Repairs
Mouthguards
Local Retirement Home Visits
(conditions apply, enquire within)

Affordable Dentistry

For All Your Dental Needs ☎ 4443 7773
www.modernhealthcareprofessionals.com.au

SALE OF THE OLD SANCTUARY RESTAURANT.

I have been itching to know what is going to happen to the old Sanctuary Restaurant at Sanctuary Point and today, Monday 31st March 2014 I had the pleasure to speak with Marty Stanfield, Property Consultant for L J Hooker Sanctuary Point and I have been informed that L J Hooker has sold the property to a young couple in the Bay & Basin area, who intend to upgrade and revamp it back to a wonderful restaurant in the Sanctuary Point area.

While speaking with Marty on Real Estate issues in Sanctuary Point, I was pleased to hear that property values are starting to pick up and quite a number of properties, that have been slow to sell have now sold and new properties on the market have a faster turnover than in the past.

I believe Sanctuary Point to be a wonderful place to bring up your family or enjoy a well deserved retirement, but! If you decide to sell your property... Marty will be happy to assess your property and make suggestions that will make selling your property, much sooner.

Contact Marty Stanfield at L J Hooker Sanctuary Point on
Mobile: 0404 082 841 Phone: 02 4443 9666



Looking for Work?

OSTARA IS AN EMPLOYMENT SERVICE WITH A DIFFERENCE!

Do you have a disability or illness and need some assistance to get work? Are you lacking self-confidence, have anxiety, depression, feel isolated and lonely?

Ostara provide specialist employment services to people with a mental illness (such as Anxiety, Depression, or Bipolar Affective Disorder) to assist them to obtain and maintain employment.

Ostara Employment Services are strengths based and individualised to meet your needs.

We can help you with:

Resumes
On the job support

Marketing to employers
Interview skills

Cover letters
Job search support

And much more!

Located in the Shoalhaven and have offices in Nowra, Ulladulla and Sanctuary Point.

To find out more about our services, please contact our friendly professional staff.

Nowra
93 Plunkett St
Nowra
Ph: 4423 5407

Ulladulla
Units 3&4, 16 Wason St
Ulladulla
Ph: 4455 7652
Mob: 0417 132 733

Sanctuary Point
34 Paradise Beach Rd
Sanctuary point
Ph: 4443 9244



The above advertisement, is Inserted by the Editor as a Community Service.

Richard (Dick) Manwarring has realised his dream to make a difference for Cancer Patients.

With the help of a generous public, the members of the Bay & Basin Cancer Support Group and the united dedication and generosity from



the many supporters, who have followed Richard throughout his Code C Benefit Night campaigns. The photos shown here, represents the accumulation of preparations that were necessary, to turn the Toyota HiAce Commuter Bus into the Bay & Basin Patient Transport Service Commuter Bus, which will convey Bay & Basin cancer patients, to and from the Shoalhaven Cancer Care Centre, where they can now received their treatment locally, instead of the long hall they endured, when they had to have their treatment at Wollongong or Sydney.

A special thank you to **DEAN SIGNS** for the attention to detail in the signage he has displayed on the bus.

COME AND JOIN US

Sanctuary Point Men's Shed

"Pardon Our Dust!"

We know you all have many talents. Do you want to maintain your health, wellbeing and independence? Joining our Shed helps you do just that, PLUS, you get the satisfaction of contributing back to the community. If you've been wondering whether you'll fit? Wonder no more! There are many men from all walks of life who will welcome you. No special skills required just enthusiasm. We can teach you to use all sorts of tools. So come and share your interest's. Maybe you have other ideas to share.

Woodwork
Metalwork
Scrolling
Welding
Photography
Electronics

What's your interest?

Australian Men's Shed Association

SANCTUARY POINT MEN'S SHED
PO BOX 186
ST GEORGES BASIN
2548
CONTACT
COLIN LOYDOR
0412 347 322

Email: andy@bigpond.com

~ Pardon Our Dust ~

PHONE: COLIN 0412 347 322

SANCTUARY POINT MEN'S SHED Inc

"Pardon Our Dust!"

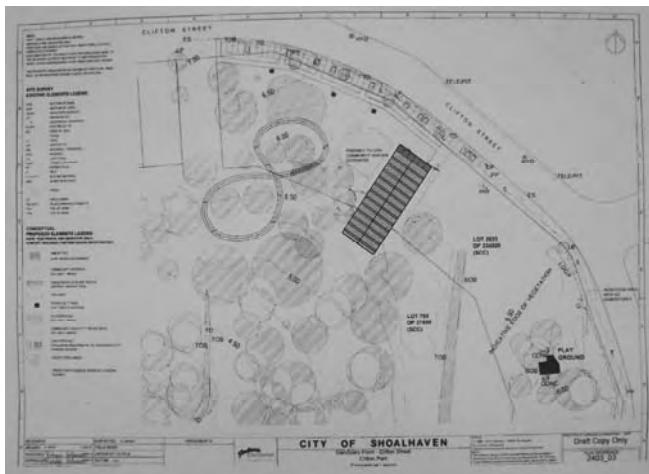
A SELF SUPPORTING, INCORPORATED, REGISTERED CHARITY AFFILIATED WITH AUSTRALIAN MEN'S SHED ASSOCIATION

WWW.SANCTUARYPOINTMENSHED.ORG

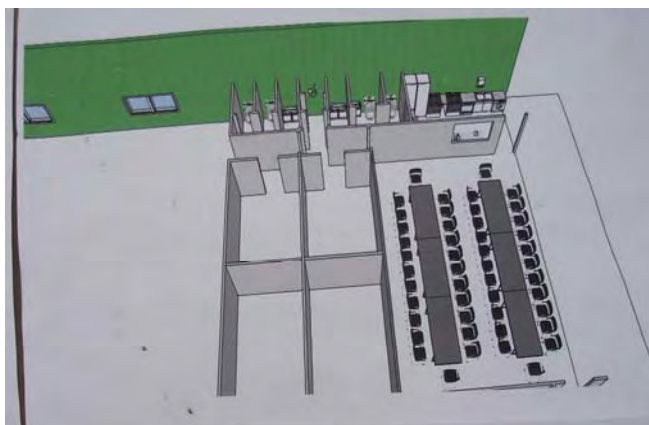
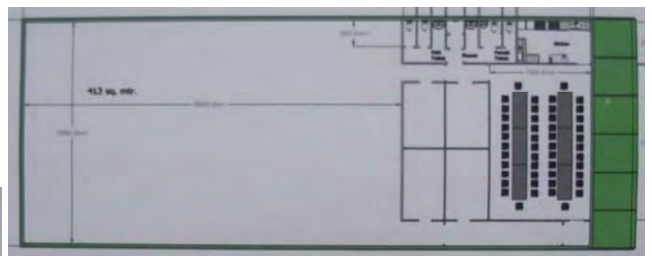
Donation Greatly appreciated

Please make a note in your diary!

The Sanctuary Point Men's Shed and IGA St Georges Basin will be conducting a Papa Smurf drive by. during this Easter and you are invited to keep an eye out for the ladies driving around without a top on, in the Pink Convertible!



On another issue... Here are some early plans of the new home base for the Sanctuary Point Men's Shed, which may be changed after community ideas are sought, on other plans which will be suggested by the Men's shed at a later date.



In the interest of public safety, I have included the following information, which I received in an email from CDC who is the Centres for Disease Control and is the national public health institute of the United States.

As New South Wales, Victoria and South Australia ban on commercial Solariums (Sun beds,) come into force on the 31st December 2014 and the Australian Autumn is now in the 2nd month, it would represent an increase in the use of other means of tanning the body, with the belief that indoor tanning is safe.

I believe as concerned citizens, if you see something that is Wrong, we should try to do something to correct the problem or minimise the danger... Hopefully! Someone who reads this, may have second thoughts about using tanning beds, or at least will have another view to consider!

For CDC Web Site

Type in capitals CDC.GOV then click onto Centres for Disease Control and Prevention

The Burning Truth



A lot of people believe indoor tanning is safe. The truth is, tanning beds injure thousands of people each year badly enough to go to a hospital, and that's just the beginning. People who indoor tan damage their skin, often getting wrinkles, warts, rashes, and dark spots. They may even get skin infections, cataracts in their eyes, and—most dangerous of all—skin cancer, including deadly melanoma.



THE BURNING TRUTH

Skin cancer is the most common cancer in the United States, and unlike almost all other kinds of cancer, the rates are climbing. This is definitely not a trend you want to follow. Avoiding indoor tanning and protecting yourself from the sun when outdoors are the best ways to reduce your chance of getting skin cancer.

CDC's new Burning Truth communication initiative encourages you to keep your skin healthy and beautiful for life by protecting yourself from too much exposure to ultraviolet (UV) rays from the sun and tanning beds.

Know the Burning Truth about these tanning myths—

A Base Tan Is Not a Safe Tan. There is a common misconception that a tan acts as the body's natural protection against sunburn. The Burning Truth: A tan is the body's response to injury from UV rays, showing that damage has been done. A "base tan" only provides a sun protection factor (SPF) of about 3 or less, which does little to protect you from future UV exposure.

Tanned Skin Is Not Healthy Skin. Some people believe the tanning bed gives them a "healthy glow." The Burning Truth: Whether tanning or burning, you are exposing yourself to harmful UV rays that damage your skin. In fact, every time you tan, you increase your risk of melanoma. The truly healthy glow is your natural skin colour.

Controlled Tanning Is Not Safe Tanning. You may have heard that indoor tanning is the safer way to tan because you can control your level of exposure to UV rays. The Burning Truth: Sensible indoor tanning is a myth. Indoor tanning exposes you to intense UV rays, increasing your risk of melanoma—the second most common cancer in women between 20 and 29 years old.

Resources

Help spread The Burning Truth by sharing this information with your friends and family!



Last month I included an article on a clump of **CASUARINA EQUISETIFOLIA** (Beach she-oak) that has been impeding the view, from the ambulances, which are being despatched from the Culburra Beach Ambulance Station (see circled trees in picture below).



I am pleased to say that a concerned citizen, who is a resident of Orient Point, informed me last month, of the ongoing complaint with council, in her endeavour to have these trees removed from the sight of line from the Culburra Beach Ambulance Station.

Since my article last month, I have been informed that a motion was lodged with, both the Culburra Beach and Orient Point Progress Associations to contact Council again on this issue and the person who contacted me, sent her personal letter to the Editor of the South Coast Register on this 2 year outstanding issue with council.

I have now been informed, that the person who informed me, has received a letter from council and the trees will be removed in a short period of time!

When these trees are removed, I will consider that this issue has been resolved, not only by the determination of Concerned Citizens of the Shoalhaven, But, by the current Mayor, Councillors and a General Management Administration who are listening to the people of the Shoalhaven! And for this... We thank you!

NSW Rural Fire Service have almost completed their latest Fire Station at Vincentia, alongside of the Bay & Basin Leisure Centre.



Photo taken
Thursday
3rd April
2014

Here is the new base for the **CROSSROADS RURAL FIRE SERVICE** almost in completion, and ready to cover the fire service from the amalgamation of Sanctuary Point, Hyams Beach and Erowal Bay fire services.

On behalf of the Sanctuary Point Concerned Citizens Newsletter, I welcome the three brigades into their new location and encourage the community to support the Crossroads Fire Service in their future. Editor: Dennis Williams

the Sanctuary Point Concerned Citizens Newsletter, Congratulates the Sanctuary Point & Districts Community Bank Branch on its 10 years anniversary, celebrated on the 4th April 2014.



tenth birthday



Media Release

14 March 2014

Proposed Bay and Basin Skate Park locations announced

Shoalhaven City Council has decided on the locations for proposed skate parks in the Shoalhaven following this week's Extraordinary Meeting.

Council is seeking funding for two local skate parks and Stage Two of the Learn to Ride facility at Shoalhaven Heads through the Australian Government's Regional Development Funding program.

Federal Member for Gilmore, Ann Sudmalis MP made a commitment to the funding earlier this year.

As such, Council will be submitting a funding submission for the following local projects –

- Local youth park (including skate park upgrade) at Francis Ryan Reserve, Sanctuary Point.
- Local skate park at Yulunga Reserve, Manyana.
- Stage Two of the Learn to ride facility at Jerry Bailey Reserve, Shoalhaven Heads.

The Extraordinary Meeting also saw Council identify a further \$650,000 in its Long Term Financial Plan for the delivery of a 'District' Skate Park at the Bay and Basin Leisure Centre.

Mayor, Joanna Gash said Council had engaged with the local community through both social media and a well-attended community forum in determining the locations of the proposed skate parks.

"Council has received a lot of positive support for the proposed skate facilities within the Bay and Basin area," said Cllr Gash.

"I would certainly like to thank all of the local residents that took the time to have their say on the proposed locations via social media or attended the recently held community forum.

"Council has seen the success of skate and youth parks in other locations throughout the area and I'm sure a similar facility will provide a very well utilised amenity for local residents in these areas."

"By identifying additional funding within the Long Term Financial Plan, Council will also be able to deliver on the District Skate Park at the Bay and Basin Leisure Centre."

The identification of a District Skate Park location will also allow Council to seek and apply for grant funding opportunities.

Further consultation will commence shortly to assist Council in developing a concept design for the local youth park and upgrade for Frances Ryan Reserve as well as the local skate park at Yulunga Reserve, Manyana.

CONTACT: Mayor, Joanna Gash - 0427 160 172

This is the official Media Release dated 14th March 2014 on the Proposed Bay and Basin Skate Park Locations Announced.

I am pleased to see that council has identified the funding in their Long Term Financial Plan for the delivery of a District Skate Park at the Bay & Basin Leisure Centre and Council will be submitting a funding submission for a local youth park (including skate park upgrade) at Francis Ryan Reserve.

I have already sent in my thoughts to Council, on this decision and if council is in a position to acquire such funding for Skate Parks... Perhaps they will find the funding for better infrastructures within our 49 towns and villages of the SHOALHAVEN.



If you think something is **Wrong**, phone it in on the **POLICE ASSISTANCE LINE... call 131 444** It will be recorded as an Incident and passed on to the appropriate Police Station to follow up ... It will also become a Statistic and they can be used for the allocation of Police in your local area.

Remember... It will be recorded as an incident in the area where it occurred and when allocating additional resources to an area, priority is usually given to the areas, where phoned in incidents are reported... These indicate where hot spots are and need additional resources!

HELP THEM! ... HELP US! ...PHONE IT IN! 131 444

If it is an **EMERGENCY** ... call **000** and ask for Police.

or **CRIME STOPPERS** ... call **1800 333 000**

When you have had enough! ... Remember ... If you want to stop Crime... I mean...You really want to stop Crime... Commit yourself to a SIGNED STATEMENT and you will REALLY give your POLICE something to WORK WITH!

The above information is inserted by the Editor as a community service.



The Sanctuary Point Men's Shed is a fully incorporated, registered charity and they have started their long overdue, return to Sanctuary Point... Their journey may be hastened , as they make arrangements to Plan and Build their home base at Clifton Park, Sanctuary Point... If you would like to support them in any way, that may hasten their return, please contact them on 4447 8634 or go on line at: www.sanctuarypointmenshed.org and make a donation

for the SAFETY OF LIFE AT SEA

When you are going on the waters, of the ST GEORGES BASIN ... Don't forget to log on and off with Marine Rescue Sussex Inlet, for the safety of your life on the water. (27 MHz Chn: 88 VHF Chn: 16) Or Telephone: 4441 3555.

