



Photo of Palm Beach Sanctuary Point NSW on a clear day... Photo taken by the Editor Dennis Williams.

***SANCTUARY POINT A CONCERNED CITIZENS  
NEWSLETTER April 2021 Vol. 123*** and website at  
<https://sanctuarypointaconcernedcitizensnewsletter.com>

Shoalhaven, South Coast NSW Events Calendar can be located on the following Link...

<https://www.shoalhaven.com/events/?A=1+April+2021&A=30+April+2021&C=&L=&Y=#read>



**NOWRA RSL  
SUB-BRANCH**

### HOW WE HELP

The Nowra RSL Sub Branch is active in many ways in their local community. We provide a venue for Members and Veterans to meet, help with welfare problems, assist with DVA claims and issues, conduct commemorative services, liaise with authorities in the management of monuments, conduct trips for Members, to mention just a few. **Please note that the Sub Branch is not the Shoalhaven Ex-Servicemens Club which is a separate organisation. [Click here for clarification.](#)**

# ANZAC DAY 25th APRIL 2021

**Lest We Forget**



Written and Printed as a community service, by the Editor... Dennis Williams  
3 Ridgeland Drive, Sanctuary Point 2540 Telephone: (02) 4443 3394



# ANZAC Day 2021

Everything you need to know about  
NSW events

[Click here](#)



# Air Force 2021 Centenary

The Royal Australian Air Force marks  
100 years of service to Australia

[Read More](#)



# Become a member of RSL NSW

[Join Now](#)



## to ANZAC Day Exemptions Circular 9/21 25 March 2021 Changes

Further to [Circular/21](#) distributed on 12 March, I can now provide further advice regarding NSW ANZAC Day commemorations.

The Premier issued a [media release](#) on Wednesday regarding the easing of restrictions across the state. However, restrictions and registrations for contact tracing purposes still apply to events and venues.

The Minister for Sport, Multiculturalism, Seniors, and Veterans, Geoff Lee, and RSL NSW State President, Ray James have issued [this letter](#) outlining the guidelines to the new Exemptions to the Public Health Order granted by the Minister for Health and Medical Research for ANZAC Day commemorations.

An overview of the Exemptions and guidelines are as follows:

### **Sydney CBD March**

The March cannot proceed 'as normal' this year. The good news is that up to 10,000 people can participate including:

Current serving members and veterans of the Australian Defence Force

Descendants of veterans of the Australian Defence Force

Veterans of a Commonwealth Force and their descendants

Bands (Invites to be extended by RSL NSW)

Veterans and descendants can march with their relevant unit, ship, squadron, or association and behind their banners.

Veterans and descendants can march with their relevant unit, ship, squadron, or association and behind their banners.

To comply with the guidelines to the Exemption to the Public

Health Order, RSL NSW must collect the names and contact details of all marchers for COVID-19 contact tracing purposes. To expedite this process and mitigate check-in processes at the event the Secretary of all associations should register their intention to march by completing this form on the RSL NSW website.

Veterans who have previously registered to participate in the Sydney CBD March will not be required to re-register and tickets will not be issued. To date, RSL NSW has received less than 600 registrations to participate so it is expected that any veteran who wishes to march, can do so.

Spectators can attend the event and will be required to register their presence at the event. The spectator areas along the march route will be managed by NSW Police and other agencies of the NSW Government.

A complete overview of the Sydney CBD March event details can be found on the RSL NSW [website here](#).

### **All other ANZAC Day Commemorations outside of Sydney CBD and across NSW**

Any march or service can have up to 5,000 people (who must not exceed one person per 2 square meters of space).

### **Conditions that apply to all ANZAC Day commemoration events**

The nominated organiser must develop and comply with a COVID-19 safety plan

Each person participating in an outdoor ANZAC March or commemoration must provide their name, telephone number of email address to the nominated organiser. This could be captured

by scanning a [QR code](#) or manually recording the names and contact details of all participants.

There is no requirement under the current Exemptions for ticketing, seating, or fencing.

I appreciate that, as volunteers, hosting events for up to 5,000 people and managing the logistics to comply with the Exemption guidelines may not be viable. If you require support to communicate this to your community or media outlets, please notify ANZAC House.

When you have finalised the details of any Dawn Service, March, or commemoration service in your community please [complete this form](#) so that the information is available to the public on the RSL NSW website.

If you have any questions about planning ANZAC Day commemoration, please contact the Member Support Team on [support@rslnsw.org.au](mailto:support@rslnsw.org.au) or 1300 679 775.

## News



By [Jeff O'Brien](#) GM  
Member Services &  
State Secretary 25  
Mar 2021

## Share



**RSL**  
NSW



**From the Office of the Hon Shelley Hancock MP**

**Ph: (02)4421 0222**

**Member for South Coast - Minister for  
Local Government.**

**Mail To: [southcoast@parliament.nsw.gov.au](mailto:southcoast@parliament.nsw.gov.au)**

**GET IN  
TOUCH  
NOW**

Thursday, 1 April 2021

## **Investing in Women Program**

Organisations with projects that empower women and promote their wellbeing can now apply for a share in the NSW Government's Investing in Women funding program.

Member for South Coast Shelley Hancock invited organisations in the Shoalhaven to put their hand up for funding, with applications open until Friday, 23 April.

Mrs Hancock welcomed the initiative and said it would benefit the whole community.

"This grants program will enable projects that will encourage innovation and lead to increased productivity and prosperity for the region," said Mrs Hancock.

"We're building a safer, stronger NSW and this program will mean that women in the Shoalhaven will have greater access to programs designed to improve their financial, physical and mental wellbeing."

Minister for Women Bronnie Taylor said the initiatives funded under the program would support women in a range of objectives from employment and training to leadership development.

"From finding ways to improve women's financial wellbeing and security to promoting health and mental fitness for all ages, we are looking for projects that can really make a difference to people's lives."

Past projects include a 'cook and connect' program for young and mature women who are experiencing homelessness, a project to help more women work in regional and communities and a coffee cart which provides valuable skills to Aboriginal women.

"These are just a few examples of projects which have helped change women's lives and shape a better future," Minister Taylor said.

Visit [www.women.nsw.gov.au/commissioning/investing-in-women-funding-program](http://www.women.nsw.gov.au/commissioning/investing-in-women-funding-program)

to find out more or submit an application.

**Rowan Cowley** 30 Mar 2021, 8 a.m. [Latest in Health](#)

## Report outlines full extent of impacts of musculoskeletal conditions on Australian lives

**WORLD OF HURT:** A new report outlines the devastating impact musculoskeletal conditions can have on people's daily lives.

**MUSCULOSKELETAL** conditions are having a huge impact on many Australians' ability to socialise, work and complete regular daily activities.

The findings of a large scale survey by Musculoskeletal Australia (MSK) have been released, highlighting the impact these conditions have on around a third of Australia's population.

Musculoskeletal conditions can affect bones, muscles, joints, cartilage, ligaments, tendons, and bursae at any stage of life.

Almost two thirds of participants (66 per cent) said their conditions impacted their ability to socialise with friends and family, while 26 per cent said they prevented them from nurturing new relationships.

When it comes to the workplace, 66 per cent said their conditions affected their ability to work, while 29 per cent had been forced to retire prematurely.

A further 65 per cent of respondents said they experienced financial stress as a result of their conditions.

In addition, 54 per cent said their ability to carry out tasks such as cooking, grocery shopping and getting around had been affected.

Worryingly, 72 per cent said their sleep was being affected. [Poor sleep](#) can result in aggravated pain and increased inflammation in those with musculoskeletal conditions.

[Musculoskeletal Australia](#) chief executive Rob Anderson said one in three Australians suffered from musculoskeletal conditions and it was important to understand the impacts.

"This report reveals why so many are crying out for compassion, for understanding, for change," he said.

"The survey data now provides us with the opportunity to offer more support for the unwanted and difficult conditions that have intruded into people's lives."

In addition, 80 per cent of respondents said they were dealing with other health conditions and 49 per cent said they suffered musculoskeletal pain seven days a week.

Possible solutions outlined in the report included improving awareness and knowledge of available support resources, providing more affordable services and advocating for government support.

To read the full report click [here](#).

Read more: [Osteoarthritis pain treatment harder to get from June 1 due to overdose fears](#)

Read more: [Osteoarthritis, a growing health challenge](#)



## Shoalhaven - Open for Business

The National Bushfire Recovery Agency and Tourism Australia have partnered to deliver a 15-part video series on bushfire recovery.

In addition to the Shoalhaven, the video series captures recovery stories across New South Wales, Victoria, South Australia, and Queensland.

The series aims to validate the experiences of communities impacted by the 2019-20 bushfires, and help others to understand and support communities as they rebuild. The video also hopes to encourage people to support local economic recovery by holidaying and spending tourism dollars in bushfire-affected regions.



## Wire theft at Council Sportsgrounds

**Image; Evidence of wire theft from St Georges Basin Soccer Fields.**

CONTINUE

If you have noticed any suspicious activity at sports fields in the region recently, we urge you to notify NSW Police. We have been notified of four reports of wire theft this week. The theft will impact the community, as access to the Sports grounds will need to be restricted until the lights can be repaired.

Shoalhaven City Council is asking residents to notify NSW Police of any suspicious activity at sports fields in the region following four reports of wire theft this week.

Shoalhaven City Council Mayor Amanda Findley is disappointed that the theft will impact the community, as access to the sportsgrounds will need to be restricted until the lights can be repaired.

“Council has advised a number of sports user groups that they will be unable to use the four sports fields until the grounds can be declared operational again,” said Clr Findley.

“We take theft seriously and we are asking local communities to assist us by reporting any suspicious activity via phone or online to Crime Stoppers.

“At Huskisson Sportsground, the protective steel cover had been removed and the wiring stolen from the south western pole. The other three poles are visible from surrounding houses, which could explain why those floodlights haven’t been affected,” Clr Findley said.

The wire cables have been removed from the pits and poles at St Georges Basin Soccer Fields and several hundred metres of underground cabling has been removed from The Wool Lane Sportsfield.

The Crookhaven Rugby League Field at Culburra Beach has had all of its underground cables removed, along with cables removed from the plastic conduit on all light towers.

Crime stoppers can be reached on 1800 333 000 or online at <https://nsw.crimestoppers.com.au/>.

## Shoalhaven Leads the way in Dine and Discover voucher business registrations

23 March 2021

Shoalhaven City is one of the leading regions in the uptake of the NSW Government's Dine and Discover vouchers, with 17.9% of business registrations in Regional NSW coming from the Shoalhaven.

As part of a major economic stimulus package to support dining, arts and tourism businesses in NSW, residents aged 18 years and older can apply for four \$25 vouchers worth \$100 in total, to spend in participating businesses.

Shoalhaven City Council Mayor Amanda Findley is encouraged by the response from local businesses.

"Council's Economic Development staff have been actively working with Service NSW to communicate the opportunity to businesses. Recent figures confirm that at least 50 percent of eligible businesses have successfully registered to date," said Clr Findley.

"Although our region has enjoyed a surge in tourism over the summer months and on weekends, this scheme encourages mid-week dining and activities which will give our local economy an added boost," she said.

"It isn't too late for local businesses to apply, registration for the scheme is still open," Clr Findley said.

The vouchers are in two categories:

Two \$25 vouchers to be used for eating in at restaurants, cafes, bars, pubs and clubs from Monday to Thursday, excluding public holidays.

Two \$25 vouchers to be used for entertainment and recreation, including cultural institutions, live music, and arts venues, available 7 days a week, excluding public holidays.

To check if vouchers are available for your address; <http://bit.ly/2Nm9msK>  
Find out more about the initiative and how your business can participate here: <http://bit.ly/3cJfC8a>

Issued by Communications Team

(02) 4429 3339 | [media@shoalhaven.nsw.gov.au](mailto:media@shoalhaven.nsw.gov.au)

For all media releases visit [www.shoalhaven.nsw.gov.au/Council/Media#section-2](http://www.shoalhaven.nsw.gov.au/Council/Media#section-2)

The NSW Government has launched Dine & Discover NSW to encourage the community to get out and about and support dining, arts and tourism businesses.

NSW residents aged 18 and over can apply for 4 x \$25 vouchers, worth \$100 in total.

2 x \$25 Dine NSW Vouchers to be used for dining in at restaurants, cafés, bars, wineries, pubs or clubs.

2 x \$25 Discover NSW Vouchers to be used for entertainment and recreation, including cultural institutions, live music, and arts venues.

The vouchers:

can be used 7 days a week, including public holidays

can be used at participating NSW businesses that are registered as [COVID Safe](#)

are valid to 30 June 2021.

You can apply for vouchers any time up until 30 June 2021.





**Australian Government**  
**Department of Health**

[Home](#)   [Health topics](#)   [Initiatives and programs](#)   [Resources](#)

[Home](#) > [News](#) > [Health alerts](#) > [Coronavirus \(COVID-19\) health alert](#)

# Coronavirus (COVID-19) current situation and case numbers

We are managing the COVID-19 outbreak in Australia as a health emergency. We will update this page every day with the current situation, latest case numbers and related information.

The above extract has been taken from the Australian Government Department of Health Website and included by the Editor Dennis Williams as a Community Service for the Department of Health.

The following web site has been provided for the community to follow the current situation on a daily basis and don't forget **“If we all try together and don't give up, we can achieve almost anything.” AND WE WILL!**

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-current-situation-and-case-numbers>



**Sanctuary Point  
A Concerned Citizens Newsletter**



**If we try together and  
don't give up, we can  
achieve almost anything!**


Web Site

[sanctuarypointaconcernedcitizensnewsletter.com](http://sanctuarypointaconcernedcitizensnewsletter.com)



**EDITOR: Dennis Williams**

**City Maintenance**

Help us to Help you! 

Maintenance & Graffiti Reporting Line

Phone: (02) **44293111**

24 hours/day, 7 days/week, and  
an automated system will record your concern.



**The Sanctuary Point Men's Shed Inc.**

**President : Ray Marcusson 4447 8634**

**Secretary: John Kelly 0413 837 538**

Web Site at:

<https://www.sanctuarypointmenshed.org/>

**Hours of Business**

**8.30am. - 4.30 pm. Monday to Friday... Phone the office on (02) 44438239  
on these days, or call at the big green shed located at 17 Clifton Street,  
Sanctuary Point NSW 2540 and Say  
Hello Mate!**

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**Wayne  
Beehag**



In my March 2021 Newsletter I placed an article brought to my attention from Clr Patricia White... You may recall the article on page 10 and 11 of March 2021 Issue.

# Cudmirrah Exploration Licence

## People Say NO To Mining

Last Tuesday the residents and community were notified on Facebook that there was an application for Exploration Licence (No 6196) for minerals in the Cudmirrah Swanhaven and Berrara area of the Shoalhaven. This application is over an area of 9 square kilometres.

Over the last week there is has been much angst in the community with residents and others that this application has been lodged. Clr White has spoken with the Applicants who have advised there is no requirement to accept community/residents' submissions or comments from Council at this stage of the application. This has been confirmed by Gordon Clark from Council.

The application, if approved, is to undertake a desk top analysis of the area, some limited site inspections and then a decision will be made as to whether a mining licence will be applied for.



**I am very pleased to include the following extract from an email received from Clr Patricia White on the 11th March 2021;**

**“The Exploration Licence the community has had a huge win. The mining company has backed down and said they will never apply for another licence in the area. With the residents support we were able to defeat them in only two weeks. It was a brilliant campaign that worked. See what people power can do.”**

*Clr Patricia White*

*Assistant Deputy Mayor*

*Chair SEATS*

*Shoalhaven City Council*

**Well done to Patricia White, the Local Community and all who stood up and said...**

**“NO To This Mining!”**



This is the map of the area under application.

The Bay & Basin Cancer Support Group

ABN: 84 056 301 368

This is Your INVITATION

To

**THE WORLD'S BIGGEST MORNING TEA**

At the

**COUNTRY CLUB  
St GEORGES BASIN**

11 Paradise Beach Road  
Sanctuary Point NSW 2540  
Phone: 02 4443 0666



Wednesday 5th May 2021 .....10.00 am.

Come join us again, and apart from you just having a great morning out, you will be given one of the

**"WORLD'S BIGGEST MORNING TEA"**

MORNING TEA WILL BE PROVIDED FOR A GOLD COIN DONATION or what you can afford and will go to the Cancer Council of NSW Research programs.

Our wonderful Craft Table will be set up, with a large selection of our sort after gift items, which will also be available for purchase.

Last year our Chocolate Wheel Spins made a great hit and you will again have the opportunity to purchase tickets, for your chance to win great prizes.

All proceeds from the Biggest Morning Tea will go to the Cancer Council of NSW and proceeds from the Craft Table and Chocolate Wheel will go to the Bay and Basin Cancer Support Group.

Dianne Dummett President (02) 4443 3275  
Bay & Basin Cancer Support Group

**Don't Miss  
Out On  
The Bay &  
Basin Cancer  
Support  
Group  
Biggest  
Morning Tea  
on the  
5th May 2021**

**And Also  
Please Note  
When,  
Where, and  
What Time  
our Monthly  
Meetings are  
Held.**

**Also Check  
Out Our  
New Web  
Site. →**

Caring Bay & Basin Cancer Support Sharing

**THE COUNTRY CLUB**  
St Georges Basin

Meetings are on the 2nd Thursday of every month in the upstairs function room from 10am-12pm. Everyone is welcome to join us for morning tea & a chat. If you require more information, please contact Di on 4443 3275

Or contact us on our Web Site  
<https://bayandbasincancersupportgroup.org.au/>



## The impact of COVID-19 on young people in the criminal justice system

**Date:** Thursday 25 March 2021

[Link to report summary](#)

- [The impact of COVID-19 on young people in the criminal justice system](#)

The Bureau of Crime Statistics and Research have released a new study showing how COVID-related changes in 2020 have impacted young people in the criminal justice system.

The study shows:

- a decline in police legal proceedings against young people in the 15 weeks from 15 March 2020. The fall was due to a substantial reduction in warnings (down 71%) and infringement notices (down 49%) as a result of a fall in fare evasion.
- youth cautions and court actions remained stable in the 15 weeks from 15 March 2020, but changes in the offence composition were observed. An increase in the number of cautions for break and enter, intimidation and drug offences was offset by a substantial decrease in retail theft. Similarly, court actions increased for steal from motor vehicle, driving, fraud and justice procedure offences while at the same time decreasing for assault, property damage, intimidation and disorderly conduct.

Between 15 March and 28 June 2020 the youth custody population declined by 70 people, a decrease of 26%. A 27% decrease in the remand population (42 people) accounted for most of this decrease. The drop in the remand population was due to an increase in young people discharged to bail after 15 March and a fall in the number of Children's Court bail revocations following a breach of bail. A smaller decline of 24% (28 people) occurred in the sentenced custody population. This was due to a decline in finalised Children's Court appearances and a resultant drop in the number of young persons sentenced to custody.

**Further enquiries:** Jackie Fitzgerald, Executive Director 0423 139 687

**Email:** [bcsr@justice.nsw.gov.au](mailto:bcsr@justice.nsw.gov.au)

**Copies of the report:** : [www.bocsar.nsw.gov.au](http://www.bocsar.nsw.gov.au)



## With Senior Constable Anthony Jory

**What do you do with a bike when you are not riding it**

Let's talk about Bike's. Google says that there are approximately 1 billion bicycles in the world and over here in good old OZ there are 3.43 million of us riding bikes every week. It's a great way to get around and exercise at the same time, however there are pitfalls to owning a bike.

What do you do with a bike when you are not riding it? For example, you ride to the local shops, hop off the bike and go into the Supermarket to buy the groceries for the evening meal or an icy pole or a chocolate bar for the kid's. The bike won't fit in your pocket or your handbag and you cannot take it into shops. It has to stay outside. Where do you leave it?

Some people may lean their bike on the nearest pole or bollard, some people drop their bikes on the footpath others lean their bikes on the front of the shop, however the security conscious person places their bicycle near a pole or bike rack and uses a bike chain lock to secure the deadly treadly to something solid. The same goes when you are home. Do not leave your bike laying on the front yard, unsecured on the front veranda, or anywhere that allows a crook to easily access your two wheeled transportation device and head off with it. Please take it out the back and chain it to something solid. Put it in the shed and lock the shed.

I know that I have written about bike security before and I don't really like to repeat a topic, however there have been a few bikes being stolen lately around the South Coast, so I feel that it is worth a mention. If you are a tourist to our lovely area and have bikes with you, please lock your bikes up. If you are staying at a local Tourist park, bring the bikes into the annex or around the back of the Cabin and lock them up.

**Remember: Do not Drink and Drive and you can Dob in a Druggie any time you like, by contacting Nowra Police or ringing Crime Stoppers. on 1800 333 000**

**As always, in case of emergency, call (000 )**

**Non Emergencies contact Police Assistance Line on 131444 or your local Police.**

**To provide anonymous information call crime stoppers on 1800 333 000.**

**Shoalhaven Domestic Violence Officers Email [shoaladvlo@police.nsw.gov.au](mailto:shoaladvlo@police.nsw.gov.au)**

**Don't forget. Cops are Tops.**

**Information provided by On The Beat & Inserted by the Editor as a Community Service for  
Shoalhaven LAC**

Log on to the NSW Police Web Site for the “Tell us what you want SURVEY!”.

**SURVEY LOG ON**

<https://secure.peoplepulse.com.au/display.php?mid=2060116b2b887848336>

**If you think**

**something is Wrong... Help them to help us! Contact your Local Police Station... Or Phone it in when you know it is wrong!**

Shoalhaven Local Area Command Police Telephone Contact List In the case of an Emergency Phone : 000		
Position	Location	Phone Number
Bay & Basin Police Station	Sanctuary Point	Phone: 02 44421899
Bay & Basin Police Station	Sanctuary Point	Fax: 02 44421811
Crime Prevention Officer	Nowra Police Station	02 44219619
Nowra Police Station	Nowra - Main switch	02 44219699
Sussex Inlet Police Station	Sussex Inlet	02 44412665
Police Assistance Line	PAL	131444
Police Assistance Line (PAL) Hearing / speech impaired only	PAL TTY	02 92113776
Crime Stoppers	Crime Stoppers	1800333000

NSW POLICE FORCE website address [www.police.nsw.gov.au](http://www.police.nsw.gov.au)

SHOALHAVEN LAC FACEBOOK PAGE   
<https://www.facebook.com/ShoalhavenLac>

Where no emergency exists and immediate investigation by a Police officer is not necessary, registered community members can now create online reports such as Lost Property, Intentional Damage or Graffiti and Theft, in their own time anywhere where an internet connection is present, using devices of today's technology.

NSW Police Community PORTAL — Check it out for yourself

[http://www.police.nsw.gov.au/community\\_portal/about-the-portal](http://www.police.nsw.gov.au/community_portal/about-the-portal)

**for the SAFETY OF LIFE AT SEA**

**When you are going on the waters, of the St. Georges Basin... Don't forget to log on and off with Marine Rescue Sussex Inlet, for the safety of your life on the water. (27 MHz Chn: 88 VHF Chn: 16) Or Telephone: 4441 3555.**



The above Notice is inserted by the Editor as a Community Service for **SUSSEX INLET**



**POLICE ASSISTANCE LINE... 131 444** For reporting of non urgent matters, It will be recorded as an Incident and passed on to the appropriate Police Station to follow up ... It will also become a Statistic and they can be used for the allocation of Police in your local area.

**EMERGENCY ... 000** and ask for Police. For Life Threatening or Immediate Attention Required.

**CRIME STOPPERS ... 1800 333 000** Anonymous Information.

**When you have had enough!...Remember... If you really want to stop Crime... Commit yourself to a SIGNED STATEMENT and you will REALLY give your POLICE something to WORK WITH!**

Inserted by the Editor as a Community Service for **Shoalhaven LAC**