



Photo of Palm Beach Sanctuary Point NSW on a clear day... Photo taken by the Editor Dennis Williams.

***SANCTUARY POINT A CONCERNED CITIZENS
NEWSLETTER December 2020 Vol. 119*** and website at
<https://sanctuarypointaconcernedcitizensnewsletter.com>

Shoalhaven, South Coast NSW Events Calendar can be located on the following Link...

<https://www.shoalhaven.com/events/?A=1+December+2020&A=31+December+2020&C=&L=&Y=#read>

**CHRISTMAS 2020 during COVID - 19 will
have mixed feelings for many of us this year!**



**So this year, instead of wishing you
a MERRY CHRISTMAS I wish
that COVID - 19 is soon brought
under control
and we are all once again
TOGETHER AGAIN!**

**If we try together and
don't give up, we can
achieve almost anything!**



Special Announcement

Shoalhaven Entertainment Centre ANNOUNCING VENUE UPGRADES

We have some exciting news! The Shoalhaven Entertainment Centre is set to undergo major upgrades ensuring that it remains the region's state-of-the-art performing arts and conference venue.

Plans for the upgrade include improvements to maintain compliance with the Building Code of Australia, re-design of the Centre's Encore Café & Bar, and a new a loading dock shelter to increase the accessibility of equipment to the venue in all weather. Sound, lighting and audio-visual systems will also be upgraded.

The upgrade works will require the Centre to be closed from December 2020 with expected completion in May 2021.

This announcement does impact a number of shows scheduled for the venue. If you have booked to a show that's been affected, you will receive a separate email regarding your options. Please wait to hear from us as we are exploring alternative options now that the refurbishment timeline has been confirmed.

[Visit Shoalhaven City Council's website](#) for information about the Box Office, Encore Cafe & Bar, and the Visitor Information Centre.

Council has engaged local architecture firm Edmiston Jones to project manage the upgrades from their Nowra Office, with other contractors to be appointed as the project progresses. The upgrade will ensure the Entertainment Centre maintains its reputation as a state-of-the-art facility for years to come.

To keep up to date on the progress of the upgrade please follow us on social media via the links below.

We know you'll be as excited as we are about the refurbishment! The team at the Shoalhaven Entertainment Centre is looking forward to welcoming you back when we celebrate our re-opening.

Yours sincerely,

Karen Patterson and the Shoalhaven Entertainment Centre team

SHOALHAVEN ENTERTAINMENT CENTRE

Contact us:

02 4429 5757

info@shoalhavenentertainment.com.au

www.shoalhavenentertainment.com.au

Our mailing address is:

Shoalhaven Entertainment Centre

Bridge Rd

Nowra, NSW 2541

Australia

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[Add us to your address book](#)

From the Office of the Hon Shelley Hancock MP

Ph: (02)4421 0222

Member for South Coast - Minister for
Local Government.



GET
IN
TOUCH
NOW

Mail To: southcoast@parliament.nsw.gov.au

Tuesday, 17 November 2020

Fairer Go For Retirees

Retirement village residents across the South Coast will be protected by new laws that increase safeguards around the sale of their property and provide early access to their financial entitlements to meet the cost of moving into aged care.

Member for South Coast Shelley Hancock said that under the changes the NSW Government has increased accountability and transparency in the retirement village sector.

“We have introduced a raft of new reforms that will improve access to exit entitlements, make the transition to aged care easier and cap the period of time residents pay recurrent charges for general services,” Mrs Hancock said.

“This is about creating a fairer retirement village market for our local retirees. These new laws will assist them with a level playing field.

“We know that residents often have to wait for quite a long time for their premises to be sold before they receive their exit entitlements, which can place a heavy financial and personal burden on them and their families.

“This is simply not good enough, so we’ve changed the rules so they can access these payments sooner, making it cheaper and simpler to move out.”

Mrs Hancock said the NSW Government is also making it easier for retirement village residents to transition directly into aged care.

“More than 60 percent of residents transition from villages directly into aged care accommodation. However, under the status quo, many can’t afford these costs if their unit does not sell quickly,” Mrs Hancock said.

“Under the reforms, the operator will need to cover a portion of the estimated sale price and pay this directly to the aged care provider, allowing a seamless transfer.”

Also included in the new laws is a requirement that if a unit remains unsold after six months in metropolitan areas or 12 months in the regions, residents will be eligible to receive their exit entitlements if the village operator has not taken reasonable steps to facilitate a sale.

“The NSW Government is putting power back into the hands of residents and making sure they are not taken advantage of,” Mrs Hancock said.

11 November 2020

Look out before you step out for a safer Shoalhaven

Shoalhaven City Council has partnered with Coastal Waters Retirement Village on a pedestrian road safety campaign with the aim to reduce the number and severity of casualty crashes involving pedestrians in the Shoalhaven LGA.

Each year, more than 1500 pedestrians are hit or injured on NSW roads. From 2015-2019, there were 4 fatal and 18 serious injury casualty crashes involving pedestrians in the Shoalhaven LGA. 31% of the pedestrian casualties were aged 60 and over.

In light of these findings, Coastal Waters Retirement Village sought to collaborate with Shoalhaven City Council on introducing pedestrian safety improvements throughout the Village after seeing the Look out Before you Step Out Campaign which aims to increase awareness of pedestrian safety.

The campaign, funded by Transport for NSW creates awareness at high pedestrian activity locations to remind pedestrians to stop and look before crossing the road. Mayor Amanda Findley supported the collaboration between Council and Coastal Waters Retirement Village.

“The Look Out Before you Step Out message is something that we can all get behind, to ensure pedestrian safety is at the forefront of our mind when out and about.

“The vinyl decals installed at Coastal Waters Retirement Village help to raise awareness of the 'Look out before you step out' rule for pedestrians when crossing the road and when using a mobile phone when walking in the Village,” Mayor Findley said.

Michael Deane, Coastal Waters Village Manager embraced the program after collaborating the campaign idea with employees Michael Burke and the staff at Coastal Waters to target locations of high pedestrian activities within the Coastal Waters Retirement Village.

“Coastal Waters Retirement village comprises of 359 two and three bedroom villas and is home to over 500 residents. 15 different streets and parades flow throughout the village and the various footpaths and crossings that intersect each other effectively make up its own walking track of more than 4 kilometres when used by residents as exercise routes.



*Image: Mayor Amanda Findley helps spread the Look Out message with Mick Dean Coastal Waters Manager (right) and Michael Burke- Coastal Waters Maintenance Manager (left). ** End ***

Issued by Communications Team
(02) 4429 3339

| media@shoalhaven.nsw.gov.au
For all media releases
visit www.shoalhaven.nsw.gov.au/My-Council/Media-releases

Raybrooks Reserve and Palm beach Upgrade is coming on and looking good!



In Your Neighbourhood

3rd December 2020



Give to those in need this Christmas

Donate to the annual Mayor's Giving box to brighten someone's Christmas.

You can drop unwrapped presents off at the Mayor's Giving Box, located between Lowes and Connor in the Stockland Nowra Shopping Centre, or Financial donations can also be made online until Sunday 13 December. Recipients of this year's donations include Cullunghutti Aboriginal Child and Family Centre, Lyrebird Preschool, Clipper Road Children's Centre and Salt Ministries.

DONATE TODAY



Christmas in the CBD

From Thursday 10 to Monday 28 December Junction Street, Nowra will be closed to motorists between NAB and Westpac.

In the spirit of Christmas, Junction Court will Shine Bright and be transformed into a Christmas Wonderland.

Visit the Nowra CBD to enjoy the Christmas atmosphere with a stroll down Christmas Tree Avenue. Don't forget to get a photo with Santa's Sleigh and Reindeers and say hi to our lovely buskers.

Arranged by Council and the Nowra CBD Revitalisation Committee with support from Rotary Club of Nowra.

READ MORE





It was my pleasure to have been invited to the official opening on the 7th December 2020 of the \$120,000 Playground at Moona Moona Creek, Huskisson, which was fully

funded from the Council playground replacement fund.





FIONA PHILLIPS MP

FEDERAL MEMBER FOR GILMORE

LOCAL UPDATE

WWW.FIONAPHILLIPS.COM.AU

Thank you to our wonderful Rural Fire Service

Throughout November, I had the absolute pleasure of meeting with several local Rural Fire Service brigades to thank them for their service and chat about their recovery from this year.

It has been inspiring to hear their stories of resilience and listen to their ideas about how we can do better.



Thank you to the Malua Bay, Conjola, Broulee, Batemans Bay and Crossroads Brigades for having me. Thanks also to Labor's Shadow Minister for Emergency Management for joining me on some of these visits. We need to do better in the future to make sure we never have another summer like the last one. I will keep taking these stories back to Canberra so that local voices continue to be heard now and into the future.

If you are part of a local RFS, or any other community group, I would love to come and visit. Don't hesitate to get in touch with my office on 4423 1782.



The Senior New Migraine Therapies for Five Million Australians

Latest in Health

Aa

Sponsored content

Sadly, almost five million Australians get regular migraine headaches, yet there are few effective medications to prevent or treat these debilitating episodes. In addition, many prescribed medications are not specifically developed for migraines and can have other side-effects that can cause further issues.

New approved research is now looking at causes and cures, ranging from supporting the energy systems in the brain, links to depression, and even correlations to menopause and hormonal changes.

Migraines have many causes and triggers and different symptoms. Generally, they include throbbing headaches on one side of your head, nausea or stomach sickness and get worse with activity. They can stop you doing your usual activities and make you sensitive to light and sound.

There are currently 18 approved clinical trials on now looking at new therapies and approaches. Clinical research in Australia is run by medical specialists and professionals and includes advanced check-ups and the latest support and advice not normally available - commonly known as the "clinical trial advantage". Participants get first access to therapies often years before they are available from GPs or chemists. Many clinical research projects include scans and tests - all free of charge. Most are open to people aged 18-70 and include regular visits to local migraine clinics.

One of the challenges in developing new therapies is that people don't know there are clinical trials for their medical condition on now near them. To support people joining studies travel costs including taxis are usually covered, with some trials even covering flight charges!

According to the Nation Institute for Aging some of the benefits of a clinical trial include:

- You may get a new treatment for a disease before it is available to everyone.
- You play a more active role in your own health care.
- Researchers may provide you with medical care and more frequent health check-ups as part of your treatment.
- You may have the chance to help others get a better treatment for their health problems in the future.

You may be able to get information about support groups and resources.

According to Australian Clinical Trials:

"Trials also offer the hope of developing better interventions or tests for a particular disease or condition, so that even if a trial does not provide a benefit for an individual, it may provide benefits for others with the disease in the future. As a patient participant, even when you receive the highest quality care, you may also benefit from additional support and attention provided by clinical trial staff who understand your disease or condition."

You can find a migraine research clinic near you here and quickly see if you might be eligible to join a study. AustralianMigraineResearch.com



Australian Government
Department of Health

[Home](#) [Health topics](#) [Initiatives and programs](#) [Resources](#)

[Home](#) > [News](#) > [Health alerts](#) > [Coronavirus \(COVID-19\) health alert](#)

Coronavirus (COVID-19) current situation and case numbers

We are managing the COVID-19 outbreak in Australia as a health emergency. We will update this page every day with the current situation, latest case numbers and related information.

The above extract has been taken from the Australian Government Department of Health Website and included by the Editor Dennis Williams as a Community Service for the Department of Health.

The following web site has been provided for the community to follow the current situation on a daily basis and don't forget **“If we all try together and don't give up, we can achieve almost anything.” AND WE WILL!**

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-current-situation-and-case-numbers>



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Saturday: 9:00am - 3:00pm
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**Sanctuary Point
A Concerned Citizens Newsletter**



If we try together and
don't give up, we can
achieve almost anything!

Web Site

sanctuarypointaconcernedcitizensnewsletter.com



EDITOR: Dennis Williams

City Maintenance

Help us to Help you!

Maintenance & Graffiti Reporting Line

Phone: (02) **44293111**

24 hours/day, 7 days/week, and
an automated system will record your concern.



The Sanctuary Point Men's Shed Inc.

President : Ray Marcusson 4447 8634

Secretary: John Kelly 0413 837 538

Web Site at:

<https://www.sanctuarypointmenshed.org/>

Hours of Business

8.30am. - 4.30 pm. Monday to Friday... Phone the office on (02) 44438239
on these days, or call at the big green shed located at 17 Clifton Street,
Sanctuary Point NSW 2540 and Say
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**Wayne
Beehag**





Scamwatch radar alert

24th November 2020

Watch out for online shopping scams this holiday season

Losses to online shopping scams have increased 42 per cent this year, and Scamwatch is warning Australians to be careful when buying gifts this holiday season.

Scamwatch has received over 12,000 reports of online shopping scams so far this year, with almost \$7 million in reported losses.

“More people have been shopping online this year due to COVID-19 restrictions and scammers are now targeting people doing their Christmas shopping, including in the Black Friday and Cyber Monday sales,” ACCC Deputy Chair Delia Rickard said.

“Scammers create fake websites that look like genuine online stores, offering products at very low prices and victims will either receive a fake item or nothing at all.”

“They also post fake ads on classified websites, often claiming they are travelling and someone else will deliver the goods, but the item never arrives and the victim can no longer contact the seller.”

Losses on classified websites, such as Facebook Marketplace and Gumtree, have increased by 60 per cent this year, to \$4.5 million.

Reports of online shopping scams involving consumer goods, such as shoes, phones, computers and toys, continue to be high. But the most common thing people were trying to buy when they were scammed was puppies and other pets.

People aged 24 and under reported the highest number of scams involving phones and computers.

“Watch out for popular products being sold at prices much lower than on other websites and sellers requesting payment through direct bank transfer or crypto currency,” Ms Rickard said.

“Take the time to consider who you are dealing with and don’t be pressured by special offers.”

“Do your research by checking independent reviews of online stores or the seller’s history on classified websites.”

Another scam to be aware of if you have made recent purchases online is fake parcel delivery notifications via text message or email.

“Australia Post will never ask you to click a link to enter your personal details, nor will they ask for credit card details or a fee to deliver your packages,” Ms Rickard said.

“If you have been the victim of a scam, contact your bank as soon as possible and contact the platform on which you were scammed to inform them of the circumstances.”

Most financial institutions offer a charge back service for credit cards and will dispute a credit transaction with the merchant if they still exist.

More information on scams is available on the [Scamwatch website](#), including [how to make a report](#) and where to [get help](#).



NSW Criminal Court Statistics July 2015 to June 2020

Link to report summary: [NSW Criminal Court Statistics July 2015 to June 2020](#)

Release date: 10:30am, Thursday 26 November 2020

Today the NSW Bureau of Crime Statistics and Research is releasing NSW Criminal Court Statistics July 2015 to June 2020.

The excel data file shows:

Finalised court appearances

2019/20 recorded 120,656 finalised criminal court appearances, down 13.6% from the previous year (139,636 in 2018/19). The significant decline is largely due to changes to court operations to protect the safety of court users during the COVID-19 pandemic.

Finalisations were lower in each jurisdiction. In the Local Court the number of finalised court appearances was down 14.0%, from 128,623 in 2018/19 to 110,622 in 2019/20.

The offence type with the largest decline was Traffic and vehicle regulatory offences, down 27.3% (11,833 finalisations) from 43,270 in 2018/19 to 31,437 in 2019/20. This reduction is largely due to the drink and drug driving reform implemented in May 2019, which moved first time low level drink driving and drug-presence offences from court to an Infringement Notices (fine) process.

COVID-19 measures introduced in the Local Court included postponement of defended hearings, sentencing matters likely to result in a custodial penalty and first listing of summary matters involving no bail considerations.

COVID related changes in the higher courts included suspension of new jury trials, and specifically in the District Court, of new judge alone trials, sentencing hearings, arraignments and readiness hearings for defendants awaiting their court appearance in the community,

Bail

The proportion of defendants bail refused at finalisation increased in the District Court and Local Court over the past two years.

In the District Court 32.6% of defendants were bail refused at finalisation (up from 27.4% in 2018/19). In the Local Court 7.6% of defendants were bail refused at finalisation (up from 6.6% in 2018/19).

Sentencing

The proportion of proven offenders sentenced to imprisonment increased from 2018/19 to 2019/20 from 11.1% to 11.3%.

In the District Court 70.4% of proven offenders were sentence to imprisonment in 2019/20 (up from 63.0% in 2018/19).

In the Local Court 9.1% of proven offenders were sentence to imprisonment in 2019/20 (up from 8.0% in 2018/19).

The rise in imprisonment is partly due to the changing case mix of matters finalised in the second quarter of 2020.

Court delay

The median trial time from committal to outcome in the District Court in 2019/20 was 371 days and stable in the 24 months to June 2020.

The median time taken to finalise defended criminal matters in the Local Court increased in 2019/20, up from 198 days in 2018/19 to 213 days. It appears likely that the COVID-related postponement of Local Court matters has contributed to the observed increase in time to justice in that jurisdiction.

Email: bcsr@justice.nsw.gov.au

Copies of the report: www.bocsar.nsw.gov.au



With Senior Constable Anthony Jory CHRISTMAS

Christmas, it's all about being with family, sleeping, being with friends, sleeping, going to the beach, sleeping, fishing, sleeping, going on holidays, sleeping and don't forget sleeping. I love it. However sometimes things happen that interfere with your enjoyment of the holiday season as well as your sleep. Things like bad behavior in or around licensed premises. Please remember if you go to the local pub or Club and you have a few too many drinks, you should be asked to leave the licensed premises by a member of staff, just go and there will be no more drama. If you decide to stay and argue the point you are committing an offence, Police will be called and you will be facing a \$550 infringement notice or if you go to court you could be penalized up to \$5500. The same goes if you are in a public place and you are acting foolish you may also be eligible for a \$550 fine if you disobey a Police direction to move along. Please don't drink to excess because you may well regret it in the morning. You may even regret it for the rest of your life.

While you are on holidays and in the Christmas spirit, do not become complacent. Be aware of your surroundings and be proactive towards ensuring the security of your bags wallets and other valuables. Remember, you may be on holidays but the crooks aren't. Lock your doors (House and car) do not have your handbag or purse loose in the trolley.

When travelling, stick to the speed limit and or the road conditions. Buckle up including the kids. Check that your vehicle is roadworthy and check your trailers and boat trailer before towing. Do not drive long distances without a break and if you are tired, stop and have a rest. Do not drink and drive. Remember if you have a big night on the grog, you may still be over the limit the next day. What would you do without a licence?

Remember: Do not Drink and Drive and you can Dob in a Druggie any time you like, by contacting Nowra Police or ringing Crime Stoppers. on 1800 333 000

As always, in case of emergency, call (000)

Non Emergencies contact Police Assistance Line on 131444 or your local Police. To provide anonymous information call crime stoppers on 1800 333 000.

Shoalhaven Domestic Violence Officers Email shoaldvlo@police.nsw.gov.au

Don't forget. Cops are Tops.

**Information provided by On The Beat & Inserted by the Editor as a Community Service for
Shoalhaven LAC**

Log on to the NSW Police Web Site for the “Tell us what you want SURVEY!”.

SURVEY LOG ON

<https://secure.peoplepulse.com.au/display.php?mid=2060116b2b887848336>

If you think

something is Wrong... Help them to help us! Contact your Local Police Station... Or Phone it in when you know it is wrong!

**Shoalhaven Local Area Command
Police Telephone Contact List
In the case of an Emergency Phone : 000**

Position	Location	Phone Number
Bay & Basin Police Station	Sanctuary Point	Phone: 02 44421899
Bay & Basin Police Station	Sanctuary Point	Fax: 02 44421811
Crime Prevention Officer	Nowra Police Station	02 44219619
Nowra Police Station	Nowra - Main switch	02 44219699
Sussex Inlet Police Station	Sussex Inlet	02 44412665
Police Assistance Line	PAL	131444
Police Assistance Line (PAL) Hearing / speech impaired only	PAL TTY	02 92113776
Crime Stoppers	Crime Stoppers	1800333000

NSW POLICE FORCE website address www.police.nsw.gov.au

SHOALHAVEN LAC FACEBOOK PAGE 
<https://www.facebook.com/ShoalhavenLac>

Where no emergency exists and immediate investigation by a Police officer is not necessary, registered community members can now create online reports such as Lost Property, Intentional Damage or Graffiti and Theft, in their own time anywhere where an internet connection is present, using devices of today's technology.

NSW Police Community PORTAL — Check it out for yourself

http://www.police.nsw.gov.au/community_portal/about-the-portal

**for the SAFETY OF
LIFE AT SEA**

**When you are going
on the waters, of the
St. Georges Basin...
Don't forget to log on
and off with
Marine Rescue
Sussex Inlet, for the
safety of your life on
the water. (27 MHz
Chn: 88 VHF Chn: 16)
Or Telephone:
4441 3555.**



The above Notice is inserted
by the Editor as a Community
Service for
SUSSEX INLET



POLICE ASSISTANCE LINE... 131 444 For reporting of non urgent matters, It will be recorded as an Incident and passed on to the appropriate Police Station to follow up ... It will also become a Statistic and they can be used for the allocation of Police in your local area.

EMERGENCY ... 000 and ask for Police. For Life Threatening or Immediate Attention Required.

CRIME STOPPERS ... 1800 333 000 Anonymous Information.

When you have had enough!...Remember... If you really want to stop Crime... Commit yourself to a SIGNED STATEMENT and you will REALLY give your POLICE something to WORK WITH!

Inserted by the Editor as a Community Service for **Shoalhaven LAC**