



Photo of Palm Beach Sanctuary Point NSW... Photo taken by the Editor Dennis Williams 27th Mar 2021.

***SANCTUARY POINT A CONCERNED CITIZENS
NEWSLETTER November 2021 Vol. 130*** and website at
<https://sanctuarypointaconcernedcitizensnewsletter.com>

Shoalhaven, South Coast NSW Events Calendar can be located on the following Link...
<https://www.shoalhaven.com/events/?A=1+November+2021&A=30+November+2021&C=&L=&Y=#read>

**Two things to remember
in November... Firstly at 11am
on the 11th Day of the 11th
Month... REMEMBRANCE
DAY a time to remember when
they did it for us! And Secondly
a timely reminder, that you
ought to be VACCINATED and
do it for all of us!**

download

REMEMBRANCE DAY

11th NOVEMBER 2021 at 11 am.
A date and time to stop and Remember.



THE GREAT WAR
1914-1918

At 11am on 11 November 1918 the guns of the Western Front fell silent after more than four years of war. In November the Germans called for an armistice (a ceasefire) and they accepted the allied terms of unconditional surrender.

In Flanders Fields

By Lieutenant Colonel John McCrae

*In Flanders fields the poppies blow,
Between the crosses, row on row,
That mark our place; and in the sky,
The larks still bravely singing, fly
Scarce heard amid the guns below.*

*We are the dead: short days ago,
We lived, felt dawn, saw sunset glow,
Loved and were loved: and now we lie
In Flanders fields!*

*Take up our quarrel with the foe
To you, from failing hands, we throw
The torch: be yours to hold it high
If ye break faith with us who die,
We shall not sleep, though poppies grow
In Flanders Fields.*

The eleventh hour of the eleventh day of the eleventh month became universally associated with the remembrance of those who died.



**WE
WILL
REMEMBER
THEM**





Australian Government
Department of Health

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[Home](#) > [News](#) > [Health alerts](#) > [Coronavirus \(COVID-19\) health alert](#)

Coronavirus (COVID-19) current situation and case numbers

We are managing the COVID-19 outbreak in Australia as a health emergency. We will update this page every day with the current situation, latest case numbers and related information.

The above extract has been taken from the Australian Government Department of Health Website and included by the Editor Dennis Williams as a Community Service for the Department of Health.

The following web site has been provided for the community to follow the current situation on a daily basis and don't forget...

“If we all try together and don't give up, we can achieve almost anything.” AND WE WILL!

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-current-situation-and-case-numbers>

Kate and Dennis Williams Wish you! Peace, Love and Happiness... When you visit Palm Beach Sanctuary Point. Photos taken by Dennis Williams around the Up Graded Ray Brooks Reserve on the banks of Palm Beach, Sanctuary Point NSW.



Upon your arrival at the top of Ray Brooks Reserve and Palm Beach you will be greeted with an aging Ramp to walk down... You will be pleased to know a review of the deterioration of the ageing ramp from Greville Avenue to the bottom of Ray Brooks Reserve. Is in progress and Shoalhaven City Council Projects team has funding in place for a replacement ramp in the near Future...

Shoalhaven City Council Says No to Contributions Cash Grab

Shoalhaven City Council has added its voice to the local government sector's statewide fight against changes to planning rules which could see growing communities miss out on the local infrastructure needed to support increased housing and development.

Council is calling on the NSW Government to scrap the proposed rule changes and work collaboratively with councils.

Council is also encouraging the community to make their voice heard by [signing an online petition](#).

Shoalhaven City Council Mayor Amanda Findley said the NSW Government had yet to back down on proposed rule changes impacting infrastructure contributions by developers, which would see critical funding designed to support infrastructure for local growth funnelled into State coffers instead.

"Infrastructure contributions are made by developers as a critical funding measure for footpaths, cycleways, parks, playgrounds, playing fields, skate parks, basketball courts, libraries, childcare centres and public pools – even street lighting, stormwater and drainage facilities," Clr Findley said.

"The rule changes proposed by the NSW Government would reduce the type of community infrastructure that could be funded by developer contributions, resulting in the community having to shoulder the burden of this infrastructure instead.

"In Shoalhaven City Council area alone, the financial impact of this rule change could be upwards of \$70 million lost to the community.

"The people of the Shoalhaven deserve to have a say in how planning rules impact on them, and that's why we need to take a stand against this move."

"Councils across NSW have already passed motions condemning the move and I am pleased to say Shoalhaven City Council is adding its voice to the fight," Clr Findley said.

"Regional councils are experiencing significant tree- and sea-change growth, particularly in the wake of COVID pandemic lockdowns, so these proposed rule changes have everyone deeply concerned", Clr Findley said.

Clr Findley said a 'Say No to The Contributions Cash Grab' campaign was being rolled out through NSW's peak body for councils, Local Government NSW, across the state through social and mainstream media.

For more information or to sign the petition, [visit the NSW Local Government's website](#).

For more information on the proposed reforms to the infrastructure contributions system visit the [NSW Government website](#).

** End **

Issued by Communications Team

(02) 4429 3339 | media@shoalhaven.nsw.gov.au

For all media releases visit www.shoalhaven.nsw.gov.au/Council/Media#section-2





From the Office of the Hon Shelley Hancock MP
Ph: (02) 4421 0222

Member for South Coast - Minister for
Local Government.

Mail To: southcoast@parliament.nsw.gov.au

GET IN
TOUCH
NOW

Thursday October 21, 2021

\$2.8 BILLION TO TURBOCHARGE RECOVERY

Families, individuals and businesses across NSW will benefit from a targeted \$2.8 billion package developed to accelerate recovery following the three month lockdown due to the Delta COVID-19 outbreak.

The NSW Government's *Economic Recovery Strategy* released today includes funding to stimulate economic activity in cities and regions with a strong focus on rebuilding and supporting businesses, helping the hip pocket and boosting jobs.

Member for South Coast, Shelley Hancock MP welcomed the package which includes \$250 in vouchers to households of school-aged children in 2021 to help stimulate spending and economic activity.

"As life returns to normal the Government is looking to encourage people to get out and support the many local businesses who did it tough throughout the lockdown," Mrs Hancock said.

"This package ensures that our state can bounce back better than before."

The NSW Government's Economic Recovery Strategy includes:

\$500 million to restore consumer and business confidence, including the expansion of Dine & Discover and Stay & Rediscover accommodation vouchers;

\$250 million to support jobs and skills, including help for job seekers to retrain or upskill;

\$212.2 million to boost vital sectors, including additional funding for the performing arts sector, an Alfresco Restart Package, and support to bring our cities back to life;

\$200 million to boost regional NSW, including support for events, facilities and local infrastructure, and housing; and

\$75 million to boost communities across the state, including support for tourism, events, sport and recreation.

The strategy also assists those most impacted during lockdown including:

\$739.3 million in household and social support, including housing support for vulnerable Aboriginal communities, expansion of solar rebates, support measures for victims of domestic and family violence, and vouchers to parents who have facilitated home learning for their children;

\$495 million in education support to address learning gaps for children in need and to help schools adapt to future possible learning disruptions; and

\$130 million for a mental health recovery package to provide immediate access to help for anyone whose mental health has been impacted by the COVID-19 pandemic.

The 24 Hour Economy Commissioner will take on the additional role of NSW COVID-19 Recovery Commissioner to oversee the implementation of the *Economic Recovery Strategy*. For more information and to view the full strategy visit:

<https://www.nsw.gov.au/covid-19/economic-recovery-strategy>

For more information contact the Office of Shelley Hancock MP 4421 0222

Musculoskeletal Australia's new campaign for people with bone, muscle and joint pain



Rowan Cowley 30 Oct 2021, 12:30 p.m. [Latest in Health](#)

LOOKS CAN DECEIVE: Sophie Thompson (pictured with her partner Tom), says many people find it hard to understand her musculoskeletal condition because she looks healthy.

MANY people bring out the plastic skeletons for Halloween, but a new campaign aims to use the day to draw attention to bones that are still in human bodies.

Musculoskeletal Australia (MSK) wants October 31 to also become known as Rattle Ya' Bones Day. It is launching a public awareness campaign to draw attention to musculoskeletal conditions which affect muscles, bones and joints. There are 7 million Australians of all ages and backgrounds living with musculoskeletal conditions. The campaign will aim to shine a light on the difficulties they face.

One of those Australians is Sophie Thompson, who is just 29 and battling rheumatoid arthritis.

Sophie said one of the biggest challenges she faced was a lack of understanding or empathy from others. "You look well when you have rheumatoid arthritis, you don't look sick," she said. "I'm quite active, I like wearing makeup, I like doing my hair - I actually look particularly healthy." "It can be really hard to have people, through no fault of their own, understand that you're facing something challenging."

Suffering in silence There are over 150 different musculoskeletal conditions that affect muscles, bones, and joints - including [arthritis](#), [osteoporosis](#) and back pain.

A report from Musculoskeletal Australia's 2020 national consumer survey revealed people with musculoskeletal conditions often felt invisible. According to the survey, 66 per cent of respondents said they kept to themselves and often avoided contacting friends and family when they felt unwell.

In addition, 45 per cent said they were unable to make firm commitments to socialise.

Musculoskeletal Australia chief executive Rob Anderson said nobody should "just have to live with" their musculoskeletal condition. "Musculoskeletal Australia wants people to know that help and support is available," he said. The Rattle Ya' Bones Challenge Musculoskeletal Australia is asking Australians to support the initiative by participating in the Rattle Ya' Bones Challenge.

The challenge calls on people to share videos of themselves dancing on social media. Participants can download music from the initiative's website. They can use the site's digital photo booth to capture the footage. Alternately, they can record footage on their phone cameras and post straight to social media using the hashtags [#rattleaboneschallenge](#) and [#mskaware](#).

People can also show support by posting a short video on socials, letting people know they are supporting the day and where to access information and support.

Pharmacy Alliance and Pharmacy Guild will support the day by encouraging their member and community pharmacies, staff and customers to participate and spread the word.

For information and support on muscle, bone and joint conditions call 1800-263-265. For more information about the initiative click [here](#).

Read more: [Researchers say blood tests could help determine best rheumatoid arthritis treatments](#)

Read more: [Voltaren product certified easy to open by Arthritis Australia](#)

The Sanctuary Point Men's Shed Inc.



President:

Ray Marcusson 4447 8634

Secretary:

John Kelly 0413 837 538

Hours of Business 9.00am. - 3.00pm.

Monday, Wednesday & Thursday...

**Phone the office on (02) 44438239 on
these days, or call at the big green
shed located at**

**17 Clifton Street, Sanctuary Point
NSW 2540 and Say Hello Mate!**

Web Site at:

<https://www.sanctuarypointmenshed.org/>



**THE
COUNTRY CLUB**
St Georges Basin

**Meetings are on the 2nd Thursday
of every month in the upstairs
function room from 10am-12pm.**

**Everyone is welcome to join us for
morning tea & a chat.**

**If you require more
information, please contact**

Di on 4443 3275

Or contact us on our Web Site

<https://bayandbasincancersupportgroup.org.au/>

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**Wayne
Beehag**





Darren Coggan - Home for Christmas

Morning Matinee

Tuesday 7 December 2021 | 11am

Home For Christmas is full of laughter and sing-a-long songs that promise to be a true gift of the season. As his thoughts turn to home, strumming a guitar, Darren reimagines much-loved Christmas favourites, reminiscing warm childhood memories of family and friends.

Darren Coggan is one of Australia's most exciting and diverse artists, a masterful storyteller with a knack of weaving fascinating and perceptive tales through his songs. : From humble beginnings, to selling out The Sydney Opera House Concert Hall, Darren has forged a unique, diverse career. Don't miss this captivating performer.

[READ MORE](#)



WATCH: Darren Coggan's beautiful rendition of 'Mary's Boy Child'.

[WATCH](#)

ADD A ROAST

Add post-show dining to your tickets and enjoy a delicious Christmas inspired lunch!

Strictly limited - bookings essential.

[READ MORE](#)

Darren Coggan - Home for Christmas

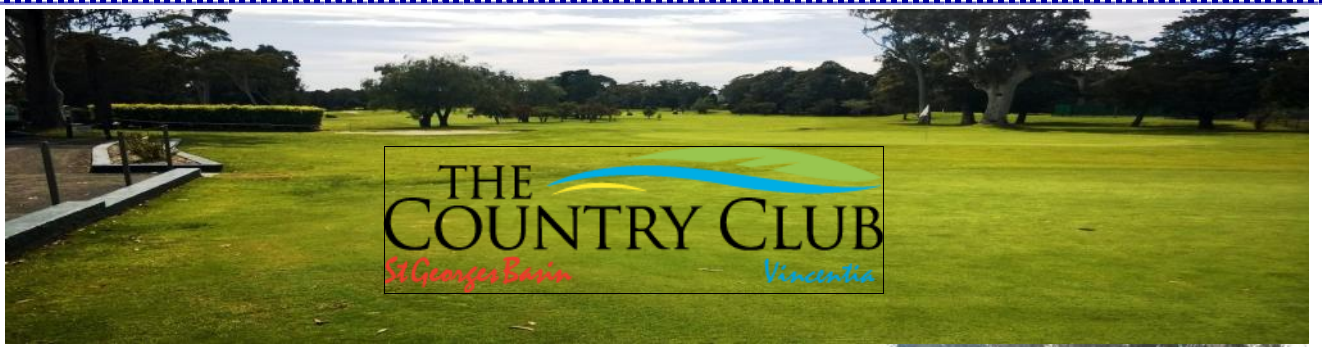
Morning Matinee Tuesday 7 December 2021 | 11am. Before 2021 ends, come and "deck the shed with bits of wattle" with one last delightful Morning Matinee performance, starring award-winning musician, Darren Coggan. Celebrate the spirit of joy when coming Home for Christmas with... **RUNNING TIME** Approx. 1 hr 20 mins **RECOMMENDED FOR** All Ages.

[Read More](#) **PREVIEW** **TICKET PRICE** \$21 - \$28

DINING + SHOW \$43 - \$52.50

[WATCH](#)

Depending on COVID Restrictions



GOLF 28th October 2021 11.00 am Hit off with Darren Dave and Kevin on The Country Club St Georges Basin 11 Paradise Beach road, Sanctuary Point NSW 2540...

You don't see me there, but you can see my buggy (Last Photo) and the guys I played with (Many Photos) and each of us Double Vaccinated.

I trust these photos are worthy of the splendid course, I have the pleasure to play at and a credit to the Directors, Management and Staff, who all take a hand in keeping it Soooooo GOOD!





NSW RURAL FIRE SERVICE

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Bush fire survival plan

GET READY FOR A BUSH FIRE

Bush fire is a part of life in New South Wales. So you need to live bush fire ready. That means knowing your risk and having a plan for what to do during a fire. You can make your plan online in as little as five minutes Or you can sit down with your family and discuss what you will do using our guide to making a bush fire survival plan.

DOWNLOAD THE  **GUIDE**
and start your discussion

FOUR SIMPLE STEPS

There are four simple steps to get ready for a bush fire:

DISCUSS



STEP 1

DISCUSS WHAT TO DO IF A BUSH FIRE THREATENS YOUR HOME Many households find that having a discussion over dinner works best as everybody is together and focussed.

[Download the Step 1 discussion guide \(PDF, 985.3 KB\).](#)

PREPARE



STEP 2

PREPARE YOUR HOME AND GET IT READY FOR BUSH FIRE SEASON There are simple things you can do around your home to prepare it for a bush fire, like keeping the grass low and having a cleared area around your home. [Download the Step 2 checklist \(PDF, 595.5 KB\).](#)

KNOW



STEP 3

KNOW THE BUSH FIRE ALERT LEVELS

If there is a fire in your area you will find its alert level on the NSW RFS website and in the 'Fires Near Me' app. You need to keep track of the alert level so you know what you should do. [Download Step 3 \(PDF, 166.1 KB\).](#)

KEEP



STEP 4

KEEP ALL THE BUSH FIRE INFORMATION NUMBERS, WEBSITES AND THE SMARTPHONE APP In a bush fire, it's important that you stay up to date on conditions in your area. [Download Step 4 \(PDF, 219.1 KB\).](#) It's a fact. If you and your home are well prepared, you stand a better chance of surviving a bush fire. Download the four simple steps today.

Shelley Hancock MP

MEMBER FOR SOUTH COAST



NSW Government
Shelley Hancock
Minister for Local Government

MEDIA RELEASE

19th October 2021

Tuesday October 19, 2021

BE THE VOICE OF THE SOUTH COAST

Member for South Coast, Shelley Hancock MP has encouraged young people living on the South Coast looking to make a difference in their community to apply to be a part of next year's Regional Youth Taskforce, a Ministerial advisory group with a strong voice into government.

"The Taskforce provides young people aged between 12 and 24 with a unique opportunity to meet with government and inform decision making that will have flow-on benefits for the community."

"Being on the Taskforce is all about representing friends, classmates and family to champion local causes and play a part in making decisions that will help drive change in our region," Mrs Hancock said.

"Now is the perfect time to throw your hat in the ring and be a part of making life better for young people in your community."

"It's easy to apply, simply fill out the form and create a short video on your phone or write a short piece telling us about who you are and what the most important issues impacting you and your peers are."

Minister for Regional Youth Bronnie Taylor said the Taskforce will comprise 18 members, with two members representing each of NSW's nine regions, and will meet four times throughout the year either online or in person.

"We know the issues faced by young people are different all over the State, which is why we want a diverse membership that represents every corner of the bush," Mrs Taylor said.

"The 2021 Taskforce has met to discuss a range of issues, including consulting with the Department of Education on how to develop a digital Student Learner Profile which will be a game changing tool to keep a verified record of students' skills and achievements in the one place."

Travel costs and accommodation will be covered for Regional Youth Taskforce members travelling across NSW for meetings.

Applications are open from Tuesday 12 October until Friday 19 November 2021 at www.nsw.gov.au/regional-nsw/regional-youth-taskforce/regional-youth-taskforce-recruitment-2022.



The enforcement of COVID-19 public health orders during lockdown

Release Date: Wednesday 27 October 2021

Link to report summary:-

[Breaches of COVID-19 public health orders in NSW](#)

The vast majority of Sydney residents report that they strictly complied with COVID-19 public-health orders during the recent lockdown. Despite that, NSW Police issued an extraordinary 36,597 COVID-19 public health orders breaches in July and August 2021. These account for 90% of all COVID-19 breaches issued during the pandemic to date.

A new study from the Bureau of Crime Statistics and Research (BOCSAR) investigates COVID-19 breaches in July and August 2021, including the behaviours people were breached for, the location of breaches and the characteristics of people who were breached. This information is compared with self-reported rates of non-compliance from survey data.

The study finds:

Breaches commonly involved non-essential travel (just over a third of breaches), failing to wear a face covering (30%) and visiting other households (about 14%).

9 in 10 breaches were dealt with by a fine. The typical fine amount was \$1,000.

Breaches mostly involved males (74%), people aged 18 to 39 (61%), and non-Aboriginal people (95% where recorded). Half had a prior offence in the previous 5 years.

37% of breaches were detected in an LGA of concern. LGAs of concern accounted for 78% of the new COVID infections recorded in NSW in July and August 2021, but comprise only 28% of the NSW population.

Survey data showed that self-reported rates of compliance was generally high across all areas of Greater Sydney. Less than one in five respondents reported engaging in more serious non-compliance such as visiting family or friends or gathering in large groups. The survey also showed that compliance was slightly higher among people residing in LGAs of concern, and there were very few differences between younger and older age groups.

Commenting on the findings, Jackie Fitzgerald, Executive Director at BOCSAR said that enforcement activity at certain times and locations appeared to be a major factor driving breach detections. "While most people adhered strictly to the public health orders during lockdown, a subset of the population were less inclined to comply. Interestingly the study suggests that compliance was greater in LGAs of concern possibly because the COVID-19 risk was higher or possibly due to more enforcement."

Further enquiries: Jackie Fitzgerald, Executive Director, BOCSAR 0423 139 687

Email: bcsr@justice.nsw.gov.au

Copies of the report: www.bocsar.nsw.gov.au

Log on to the NSW Police Web Site for the “Tell us what you want SURVEY!”.

SURVEY LOG ON

<https://secure.peoplepulse.com.au/display.php?mid=2060116b2b887848336>

If you think

something is Wrong... Help them to help us! Contact your Local Police Station... Or Phone it in when you know it is wrong!

Shoalhaven Local Area Command Police Telephone Contact List In the case of an Emergency Phone : 000		
Position	Location	Phone Number
Bay & Basin Police Station	Sanctuary Point	Phone: 02 44421899
Bay & Basin Police Station	Sanctuary Point	Fax: 02 44421811
Crime Prevention Officer	Nowra Police Station	02 44219619
Nowra Police Station	Nowra - Main switch	02 44219699
Sussex Inlet Police Station	Sussex Inlet	02 44468880
Police Assistance Line	PAL	13 14 44
Police Assistance Line TTY Hearing / speech impaired only	PAL	02 92113776
Crime Stoppers	Crime Stoppers	1800333000

NSW POLICE FORCE website address www.police.nsw.gov.au

SHOALHAVEN LAC FACEBOOK PAGE 
<https://www.facebook.com/ShoalhavenLac>

Where no emergency exists and immediate investigation by a Police officer is not necessary, registered community members can now create online reports such as Lost Property, Intentional Damage or Graffiti and Theft, in their own time anywhere where an internet connection is present, using devices of today's technology.

NSW Police Community PORTAL — Check it out for yourself

http://www.police.nsw.gov.au/community_portal/about-the-portal

for the SAFETY OF LIFE AT SEA

When you are going on the waters, of the St. Georges Basin... Don't forget to log on and off with Marine Rescue Sussex Inlet, for the safety of your life on the water. (27 MHz Chn: 88 VHF Chn: 16) Or Telephone: 4441 3555.



The above Notice is inserted by the Editor as a Community Service for **SUSSEX INLET**



POLICE ASSISTANCE LINE... 131 444 For reporting of non urgent matters, It will be recorded as an Incident and passed on to the appropriate Police Station to follow up ... It will also become a Statistic and they can be used for the allocation of Police in your local area.

EMERGENCY ... 000 and ask for Police. For Life Threatening or Immediate Attention Required.

CRIME STOPPERS ... 1800 333 000 Anonymous Information.

When you have had enough!...Remember... If you really want to stop Crime... Commit yourself to a SIGNED STATEMENT and you will REALLY give your POLICE something to WORK WITH!

Inserted by the Editor as a Community Service for **Shoalhaven LAC**