

Welcome to my
**SANCTUARY POINT A CONCERNED
CITIZENS NEWSLETTER**

September 2015 ... Vol. 056

and web site at

<http://sanctuarypointaconcernedcitizensnewsletter.com>



**The Place Where We
Call HOME!**

Palm Beach Sanctuary Point

2015

Ray Brooks Reserve

and the Basin Walk Way

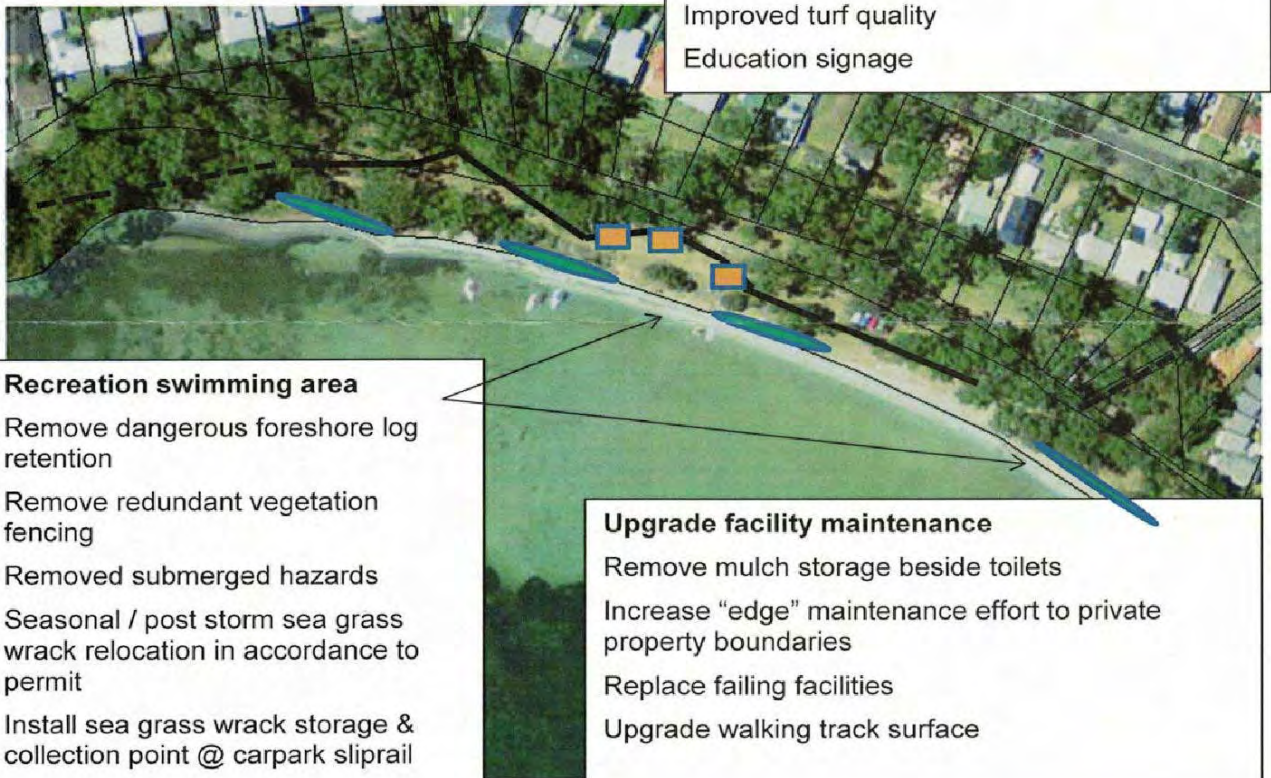
Shoalhaven City Council Environmental Manager Kellie Lowe, on the 18 August 2015 forwarded a letter titled “ Palm Beach Management Action Plan Site Meeting— 2pm Friday 28 August”. This letter was delivered to Residents in close vicinity to Palm Beach and the Ray Brooks Reserve, I also distributed a copy of the letter and the Proposed plan to supporters on my Email Distribution lists.

Unfortunately due to the severe weather and flooding around the Shoalhaven, in particular the Sanctuary Point Palm Beach and Ray Brooks Reserve, this meeting was postponed to a date, which is to be advised!

The letter from Council included an invitation to attend the site meeting at Palm Beach to discuss the attached concept plan, which I have included a copy as shown below.





**Palm Beach
Foreshore Rehabilitation
Preliminary Concept Plan
2015**

- Proposed enhanced facilities**
- Improve path and track network
 - Enhance playground
 - Improved picnic facilities
 - Improved turf quality
 - Education signage



- Recreation swimming area**
- Remove dangerous foreshore log retention
 - Remove redundant vegetation fencing
 - Removed submerged hazards
 - Seasonal / post storm sea grass wrack relocation in accordance to permit
 - Install sea grass wrack storage & collection point @ carpark sliprail

- Upgrade facility maintenance**
- Remove mulch storage beside toilets
 - Increase “edge” maintenance effort to private property boundaries
 - Replace failing facilities
 - Upgrade walking track surface

-  Improve beach access path to form a shared path to the walking Track head and pedestrian access easement
-  Consider installing new picnic shelters
-  Foreshore seagrass drying areas placed over active erosion points
-  Improve foreshore walking track surface and width + passing bays



- Chemist
- Newsagency
- Bakery
- Patisserie
- Butcher
- Hair and beauty
- Coffee



Vincentia Market Place

Leasing Opportunities

Click on the link for leasing



<http://www.woolworthsvincentia.com.au/>

HUTCHINSONS Builders are getting on with what they do best... CONSTRUCTING and despite of the worst weather I have seen in the



Shoalhaven for the last 30 years!

Woolworths and Aldi have their Concrete floors laid. Number one car park and the connecting drive way to the soon to be built



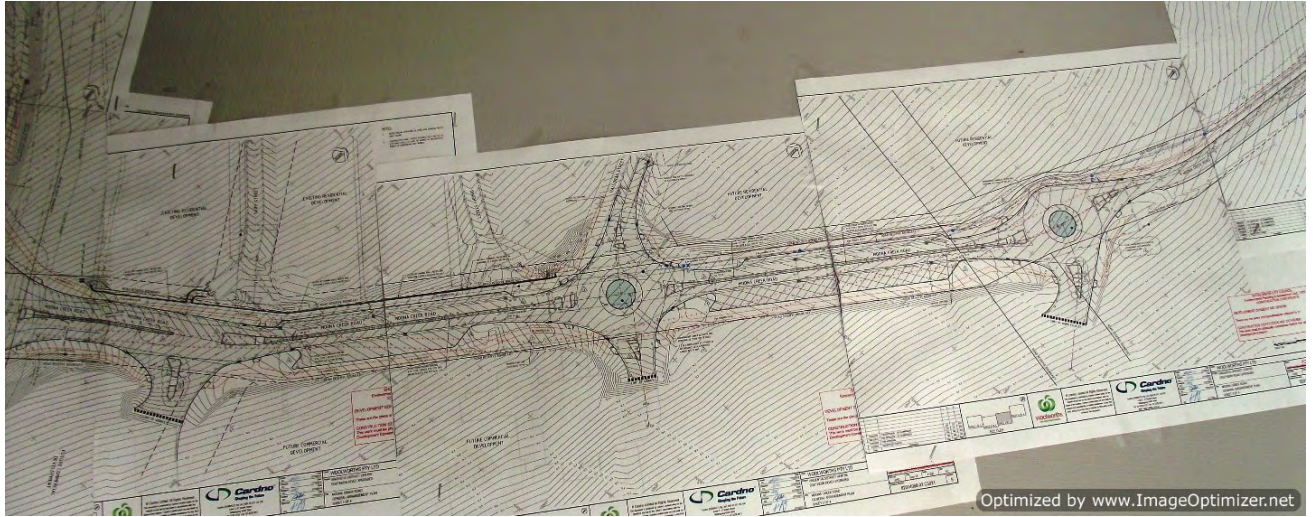
Moona Creek Road are in place. The Roof, is well on its way, to soon be covering the Shopping Centre and the greening of the land beside Naval College Road (Jervis Bay Road) and the number one Car park is looking good.



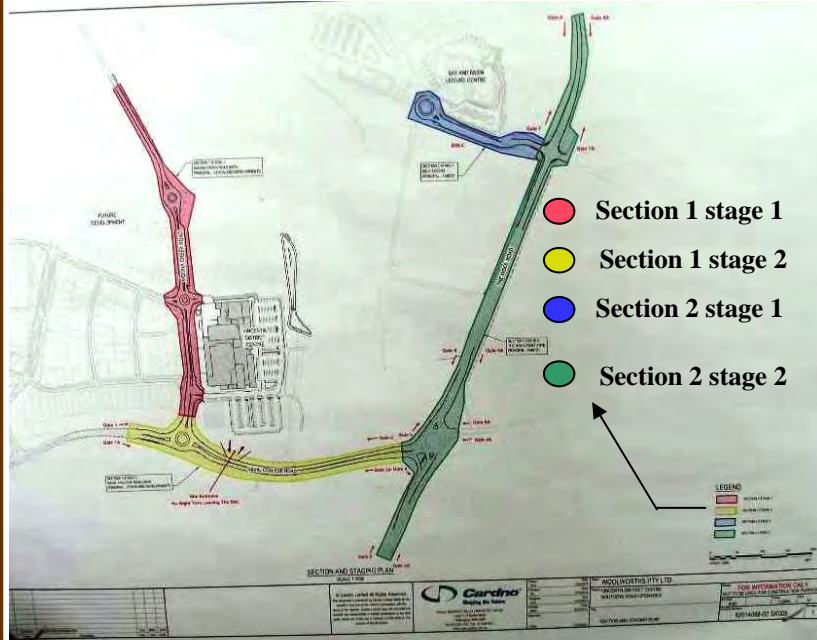
I take my hat off, but not when I am on site, to the HUTCHINSON's Team and the other contractors who work on the site, to bring this wonderful project to completion... For us!



BMD Construction have commenced the construction of the Moona Creek Road and the three roundabouts, which will provide access to the Woolworths Shopping Centre, for the working staff, shoppers and the delivery of supplies and services to maintain the centre in top condition.



Optimized by www.ImageOptimizer.net



August 2015 extreme weather conditions, which has contributed to major flooding in the Shoalhaven and in particular around the Bay & Basin has had a severe affect on the BMD Construction work, BMD are optimistic that the worst of the bad weather is now behind them and they are full steam ahead to provide the necessary access to the shopping centre, for a Christmas 2015 opening and a January 2016 completion of their contract.

I have been informed, that pot holes on Naval College Road have been caused by existing road structure failing and BMD are doing their best to get them fixed on regular basis, including emergency night-shifts.

Start of roundabout at Moona Creek Road and Halloran Street Bayswood.



Like all of us... They also have no control of the weather... Please be patient, for yours and their Safety!

The Federal Member for Gilmore, Ann Sudmalis MP who obtained federal funding of \$170,000 towards the construction of the Sanctuary Point extension of the existing Skate Park, was on hand to welcome the users of the Skate Park and the many parents who attended the opening on the 22 August 2015.



After the ceremony of cutting the blue ribbon, with the assistance of two imaginative and enthusiastic participants on the day, the Park was declared open and then Shoalhaven Mayor Joanna Gash made a brief and appreciative welcome to all in attendance.

Mayor Gash, acknowledged her appreciation for the support received from the Federal Government and Ann Sudmalis MP in obtaining the funds.



The Principle of Sanctuary Point Primary, Jeff Ward with Ann Sudmalis MP, Liliana (Lili) Hutchinson SCC and Lili's future little skate Park rider

by her side and also enjoying the opening.



Representing the Government and Council, was from left to right, Ann Sudmalis MP, Clr. Patricia White, Clr. Greg Watson, Mayor Gash & Clr. Mark Kitchener.



St John First Aid was represented by John Creasey and Tim, who was on hand in case of any spills needing attention.

Roundabouts for Sanctuary Point

Kerry Street & Leumeah Street



Kerry Street & Paradise Beach Road



On the 24 August 2015 I was informed by Clr Patricia White - Ward 3 and received confirmation from Mr Ben Stewart, Director Assets & Works - Shoalhaven City Council, of the latest up-date of two proposed roundabouts for Sanctuary Point.

The location of these roundabouts are

1. Clifton Street & Leumeah Street.
2. Kerry Street & Paradise Beach Road.

I thank Clr White for emailing me the following information and Mr Ben Stewart for his approval, for me to include it in my Newsletter.

Council has recently submitted a Federal black spot application for a roundabout at the intersection of Paradise Beach Road and Kerry Street which will include pedestrian improvements on all 4 legs.

There has been suggestions by the community not to proceed with the Clifton/Leumeah roundabout that was applied for in August 2014 for delivery in the (current) 15/16 year. However there were 4 crashes at the intersection including 3 casualty crashes. Nearby residents also reported many more near misses and supported the roundabout application.

At the time there was insufficient casualty crashes at Kerry Street/Paradise Beach Road and simply that intersection didn't meet the federal criteria for funding.

Sadly there has been two more crashes identified in the most recent 5 year crash period at Kerry Street/Paradise Beach Road and accordingly the intersection now meets the criteria (in the latest 5 year crash data to June 2014 there has been a total of 4 casualty crashes). Responding to this latest information and considering feedback from the community and Councillors, Council has recently submitted a funding application for federal black spot funding to construct a roundabout Kerry Street/Paradise Beach Road.

The funds can't be relocated from Clifton/Leumeah, both roundabouts are required, and if the latter application is approved the Kerry Street/Paradise Beach Road roundabout will be constructed in the 16/17 year. If successful this will ensure safer intersections at both sites.

Regards

Ben Stewart

Director, Assets & Works
Shoalhaven City Council

Update on Medical Condition from July 2015... Of Clr. Greg Watson

I received confirmation about 10 days ago I had highly aggressive prostate cancer which rated nine a 9 on the Gleason scale. Surgery lasting about four hours was scheduled on Thursday of last week at the Mater Hospital and was carried out by Ass Prof Paul Cozzi using robotic assisted surgery (Da Vinci machine). Dr Cozzi is hopeful that the cancer was contained within the prostate gland however to be on the safe side he carried out additional excision of tissue adjacent to the site of the cancer as well as removing every lymph node he could find in the pelvic area.

The surgery was complicated by an earlier TURP which had caused significant damage to the urethra, with the assistance of the new robot at the Mater Hospital Dr Cozzi was able to piece together the tube which required a high degree of skill, which Dr Cozzi said would have been impossible without the new piece of equipment which is the latest model Da Vinci robot and has only been at the mater for eight weeks. We expect to have the pathology reports on the lymph nodes and margins of the excised tissue by Wednesday. If the pathology is clear there will be a further six weeks wait for the PSA test which will be the start of a series of monitoring every 3 months.

We received the results of the pathology report from Associate Professor Paul Cozzi last evening. 28 July 2015 The seminal vessels were clear of any cancerous tissue with the tumour being localised on the top left-hand side of the prostate. The tumour had spread outside the wall of the prostate by about 7 mm and had a total volume of 2 cm²s. The margins taken outside of the prostate gland indicated a possibility that approximately half a millimetre of cancer had been missed however the pathologist could not be certain.

The pathology report confirmed the earlier biopsy findings indicating that the tumour had a Gleason score of 9. None of the lymph nodes removed from the pelvic area showed any indication of cancer. To make this easier to understand and also comments I received back from Professor Cozzi from a series of 1. A Gleason score of 9 is the worst form of prostatic cancer indicating a high degree of malignancy. 2. Because the tumour had broken through the prostate capsule there is a possibility it may have spread. 3. Chemo is relatively ineffective against this type of cancer. 4. Professor Cozzi volunteered by saying this is the best outcome we could have expected because of the aggressive nature of the tumour and I think you will be alright.

As with all cancer operations it is now a waiting game which will be measured by PSA readings at regular 3 monthly intervals. Thank you for your continued support, the biggest issue I have in front of me is the high degree of malignancy of the tumour as indicated by the Gleason 9 score. I am amazed by the number of GP's who discount PSA readings of up to 4. When I asked to be referred to a Urologist I had a PSA of 2.3 with no indication cancer by digital examination just a slowly increasing PSA, I have been having yearly tests for 30 years and the cancer may or may not have got me, the next few months will tell the story.

The purpose of including this update, which I received late July 2015 from Clr. Watson, is due to what Greg Watson believed necessary to be told, so perhaps others who may have ignored symptoms previously, may take precautions earlier! The following words are also, the words from Clr. Greg Watson!

We really need to highlight the need for all males of 40 or over to have annual PSA tests and digital examinations. Prof. Cozzi told me he had one case a few weeks ago with a male with a PSA of 2 where the cancer had spread to the pelvic Lymph Nodes. The really important thing to watch for is any increase in the PSA reading no matter how slight! (So when will your next appointment be?)



The Sanctuary Point Men's Shed inc.

President : Ray Marcusson 4447 8634
Secretary: Michael Flannery 0422 701 929

To obtain further information about the Mens Shed, you can find them on their website www.sanctuarypointmenshed.org Just click and enjoy!

To view their wonderful Carpentry and Wrought Ironwork, you can call into the SANCTUARY POINT MEN'S SHED

at 20A WOOLAMAI ROAD, FALLS CREEK NSW (Short distant in from Jervis Bay Road.)..

Hours of Business: Monday, Wednesday & Thursday 0900-1600 (9-4) The Men's Shed is all about men, doing what men do best together... Helping each other, to talk and work together, as they live life to the fullest! You too can be a member of the Men's Shed... Give them a call today!

Ray: 4447 8634 or Michael: 0422 701 929

The Sanctuary Point Mens Shed will soon be re-locating to Clifton Park, Sanctuary Point, alongside of the Clifton Community Food Garden. If you join now, you can help them move and become an inaugural member, who helped bring the Mens Shed home to Sanctuary Point.

The Sanctuary Point Men's Shed inc. is a Fully Incorporated Registered Charity and you too, can support them by becoming a Volunteer Member, or making a Donation... All donations over \$2.00 made to SPMS are Tax Deductible.

The above advertisement is proudly inserted by the Editor as a Community Service

Know this number...
and when you see a maintenance or graffiti problem in the Shoalhaven... Get on the telephone and make the call...
(02) 4429 3506



Inserted by The Editor as a Community Service for the concerned citizens of the SHOALHAVEN.



JERVIS BAY MARINE RESCUE WOULD WELCOME YOU ON BOARD AS A VOLUNTEER, SAVING LIVES ON THE WATER.

You can visit **JERVIS BAY MARINE RESCUE** at their **Radio Base in Voyager Park, Huskisson**, or contact them at **Marine Rescue NSW Jervis Bay Unit**,



PO Box 93, HUSKISSON NSW 2540

Tel: 02 4441 5433

Fax: 02 4441 5428



Email: base: jervisbay@marinerescuensw.com

Web Site: <http://marinerescuejervisbay.org.au>

Inserted by the Editor as a Community Service for Marine Rescue Jervis Bay.

Vietnam Veterans Association of Australia, Jervis Bay Sub-Branch

Will be on the move again on the 9th September 2015
And cooking up a storm, at the Vincentia Mall.

These master cooks will again be cooking the Sausage Sizzle and helping Dick Manwarring raise funds for his Code C 2015 Benefit Night on the 17th October 2015 at the St Georges Basin Country Club.

You will also be able to check out the Craft Tables in front of the IMB Branch, from the Bay & Basin Cancer Support Group and maybe you will see that special gift that says "Thank You," or simply "To you with Love".

Inserted by the Editor as a community Service for Code C 2015

For all Enquiries or to REPORT A LEAK
Phone 4429 3214



<http://www.shoalwater.nsw.gov.au>

Inserted by the Editor as a community Service for Shoalhaven Water



The Park Drive Sanctuary Point



John Williams Boat Ramp, Sanctuary Point



Palm Beach Sanctuary Point



Greville Avenue, Sanctuary Point.



Paradise Beach Reserve, Sanctuary Point.



Graham Street, Hand held Trailer Boat Ramp, St Georges Basin.

**Flooding on the
ST GEORGES BASIN - AUGUST 2015**

At Palm Beach Sanctuary Point, the recent flooding saw the water engulfing the Reserve by up to fifteen metres (as stepped out by myself on the 31 August 2015 after the waters had receded back to normal Levels).

Photo 1 reminds us of how nice Palm Beach can look without the dead Seaweed (Wrack) and Photo 2 shows what it should look like for the enjoyment of the locals and visitors to Palm Beach.

Photo 3 is where I stepped out the fifteen metres and you should be able to see the line of dead Seaweed deposited by



the exceptional high tides experienced throughout the Shoalhaven with the onslaught of the August 2015 flooding.



This may look an improvement on Palm beach, however with this small benefit, mass clean-up and improvements are still needed, as they will also be needed throughout the Shire and this will take time, money and will probably be impacted in some way, by everyone in the Shoalhaven!

St Georges Basin Country Club

Address:
11 Paradise Beach Road
Sanctuary Point NSW 2540

Our restaurant is under NEW MANAGEMENT....

EAST 80 CHAINS Restaurant

EAST 80 CHAINS RESTAURANT is NOW OPEN. Enjoy a new menu of modern Australian dishes, Seafood & an ever changing 'blackboard' menu.

Bookings are not necessary as yet. However if you would like to make a booking they will be taken daily from 12pm. Please contact 4443 0666 & ask to be connected to the restaurant.

OPENING HOURS Monday – Sunday ~ LUNCH ~ 12PM - 2PM ~ DINNER ~ 5.30PM - 8.30PM

(Please note that these times may change according to demand)

East
80
Chains

Inserted by
the Editor
as a
community





It's time for the next riveting episode of on the beat. The Crime report that's got more information contained on one page than all the info in wiki leaks and the National Library combined. Today's topic is Fraud. The offence of Fraud is contained in the Crimes Act 40/1900, Section 192E it carries a maximum penalty of 10 years in the Big House, AKA Her Majesty's Time Share resort. At the moment there are a number of

persons who will have the pleasure of getting a phone call from me in the near future because they have failed to pay for fuel at the Petrol station. A few people make a genuine mistake and forget to pay for some reason or another; however others just fill up and drive off.

Ladies and Gentlemen. It is an offence in this State and possibly every other state in the known universe to pull up to a Petrol Station, place fuel into your car and then drive away without paying. Even if you do not mean to do it, you are risking your good name and possibly a trip to Nowra Local Court when you get caught, and many do get caught. NSW Police have a system in place whereby petrol Stations report all fail to pays and here in the Shoalhaven all reports are investigated. **Don't be a fool. Pay for your fuel.**

Purchases on Line:

On line purchasing takes the hassle out of shopping. You just get onto the Google net and peruse eBay and other buy sell sites, a couple of clicks with the mouse and you've got a bargain. Or have you? With internet shopping there is always the possibility that you could get scammed. If the item you are bidding for is unbelievably cheap and too good to be true, then it may be a scam. There are people out there that sell items that they do not have. A picture of an item is posted and a cheap price quoted. You get interested and make a bid on the item. Let's say a 3D Television is on offer at a third of the price. You make a bid and suddenly you win the bid. You're excited. You contact the seller and he or she gives you some story about having problems with Pay Pal so you agree to put the funds into the Bank account quoted by the seller. Everything goes smoothly until you don't receive the goods. You try to contact the seller but you can't get onto him/her. You then realise that you have blown your hard earned money and somewhere out in cyber space you are getting laughed at. This is a real scenario and a number of people have been scammed. **To make sure it does not happen to you. Your vigilance should always be maintained when buying goods on the internet and definitely do not wander away from the eBay rules.**

Also remember that you can Dob in a Druggie any time you like by contacting Nowra Police or ringing Crime Stoppers.

As always, in case of emergency, call (000).

Non Emergencies contact Police Link on 131444 or your local Police to provide anonymous information call crime stoppers on 1800 333 000.

Domestic and Family Violence Info visit www.police.nsw.gov.au

Shoalhaven Domestic Violence Officers. 44219666 or 44219665

Email shoaldvlo@police.nsw.gov.au

Don't forget. Cops are tops.

**Information provided by On The Beat & Inserted by the Editor as a Community Service
for Shoalhaven LAC**

SURVEY LOG ON

<https://secure.peoplepulse.com.au/display.php?mid=2060116b2b887848336>

Log on to the NSW Police Web Site for the “Tell us what you want SURVEY!”.

Help them to help us! Phone it in when you know it is wrong!

Inserted by the Editor as a Community Service for

Shoalhaven LAC

Shoalhaven Local Area Command Police Telephone Contact List In the case of an Emergency Phone : 000		
Position	Location	Phone Number
Huskisson Police Station	Huskisson	02 44415779
Sussex Inlet Police Station	Sussex Inlet	02 44412665
Nowra Police Station	Nowra – Main switch	02 44219699
Nowra Duty Officer	Nowra Police Station	02 44219689
Detectives Office	Nowra Police Station	02 44219629
Prosecutor	Nowra Police Station	02 44219685
Forensic Services	Nowra Police Station	0244219635
Shoalhaven Traffic Command (Highway Patrol)	Nowra Police Station	02 44219616
Youth Liaison Officer (YLO)	Nowra Police Station	02 44219626
Licensing Officer	Nowra Police Station	02 44219615
Domestic Violence Liaison Officer (DVLO)	Nowra Police Station	02 44219666
Crime Prevention Officer (CPO)	Nowra Police Station	02 44219619
Police Assistance Line (PAL)	PAL	131444
Police Assistance Line (PAL)	PAL TTY	02 92113776
<i>Hearing /speech impaired only</i>		
Crime Stoppers	Crime Stoppers	1800333000
NSW Police Force website address - www.police.nsw.gov.au		
Shoalhaven LAC Facebook Page - https://www.facebook.com/ShoalhavenLac		

**for the SAFETY OF
LIFE AT SEA**

**When you are going on
the waters, of the
St. Georges Basin...
Don't forget to log on**

**and off with
Marine Rescue**

**Sussex Inlet, for the
safety of your life on the
water. (27 MHz Chn: 88**

VHF Chn: 16)

**Or Telephone:
4441 3555.**



The above Notice is inserted by
the Editor as a Community
Service for



**SUSSEX
INLET**

If you think something is Wrong... contact your Local Police Station.

Or ... HELP THEM! ... HELP US! ... PHONE IT IN!

POLICE ASSISTANCE LINE... 131 444 For reporting of non urgent matters, It will be recorded as an Incident and passed on to the appropriate Police Station to follow up ... It will also become a Statistic and they can be used for the allocation of Police in your local area.

EMERGENCY ... 000 and ask for Police. For Life Threatening or Immediate Attention Required.

CRIME STOPPERS ... 1800 333 000 Anonymous Information.

When you have had enough! ... Remember ... If you want to stop Crime... I mean...You really want to stop Crime... Commit yourself to a SIGNED STATEMENT and you will REALLY give your POLICE something to WORK WITH!